



Titolo Viaggio: **Viaggio Didattico Territoriale in Spagna: Catalunya**  
*Study Trip full name:*

Viaggio ID: MAGCA2324EU  
13/11/2023 - 18/11/2023

Tutor: Pozzi

### MONDAY, 2023 NOVEMBER 13TH

07:30

Departure from Bra Movicentro to Malpensa Airport

10:30

Arrival at Malpensa Airport

Check in luggages

12:55

Flight VY6333 to Barcelona El Prat

14:35

Arrival at barcelona El Prat

Private transfer to Travelodge Hotel Poblenou, Barcelona

16:15

Departure by public transportation to Queseria Urbana Pinullet

<https://www.pinullet.com/>

17:00

Visit at the urna cheese production and chat with the owner and founder of the project. Francesco will tell us about the cheese production and his story

19:00

Departure by public transportation to Pirineu en Boca

<https://pirineuenboca.es/>

19:45

Introduction to the restaurant with a focus on the meat and the butchering part of the business

20:30

Dinner

End of activities

### TUESDAY, 2023 NOVEMBER 14TH

10:00

Full day at <https://scienceandcookingworldcongress.com/en/>

Science and Cooking World Congress is an international congress that is held in Barcelona and its objective is to explore the enormous potential of Scientific Gastronomy to generate a new paradigm that allows it to contribute to solving the great social challenges.

Admission includes:

- Access to all the presentations in the Paranimf room on Tuesday 14th.
- Access to the brunch area with unique products for the congress.
- Access to the SCWC Club with exclusive content from the gastro-scientific community of the Science & Cooking World Congress

Remember your student ID card to access to the congress and the workshops!!

Free lunch and free dinner

### WEDNESDAY 2023 NOVEMBER 15TH

09:30

Departure by private bus from Barcelona



11:30

Guided visit to Aviat, an organic chicken breeding farm

<https://www.aviat.cat/>

Workshop about strategies to reduce food waste in the restaurant in collaboration with Aviat and Deltaic, a cultural association from Deltebre that promotes the area through educational and touristic activities related to gastronomy.

We will do a brunch during the workshop based on the different parts we can use from the chicken of AVIAT and explaining other strategies as well

<https://deltaic.eco/en/>

14:30-15:00

Depart by bus to Deltaic

15:30-16:00

Check-in in Deltaic that also has accommodations together with a restaurant

16:30

Departure by bus to La Rapita

17:00-19:00

Guided tour to La Rapita fish market auction

<https://turismelarapita.cat/en/interes/fishing-port-and-market/>

We will talk about the campaign that Generalitat -catalan government- and the fish markets are doing to promote the use of certain species that are abundant but people don't use to use and all its consequences.

<https://gremipeixaters.cat/especies-pesqueres-de-poc-valor-comercial/>

<https://gremipeixaters.cat/wp-content/uploads/2022/09/Cartell.pdf>

We will buy the fish that we will then use the next day in Deltaic.

19:30

Dinner at La Rapita in the restaurant of the chef Albert Guzman. He will be in the auction and he will cook some of the fishes included in the Generalitat campaign.

21:00-21:30

Return by bus to Deltaic

#### THURSDAY 2023 NOVEMBER 16TH

08:00-08:30

Breakfast in Deltaic

09:15

Depart from Deltaic to the Deltaic Garden on foot

09:30 to 11:30

Guided visit to Deltaic organic & regenerative garden. The content of the visit will be to transmit the importance of organic and regenerative agriculture as a strategy to fight against climate change and about the importance of using these products in the restaurants.

11:45

Return to Deltaic

12:00 -14:30

Workshop: How to do a traditional local fish paella. We will do the workshop on the outdoor patio of Deltaic with a local chef. It will be a paella made with the products of the fish market from the day before. And we will cook a paella that was typically made from the fisherman in the boats many years ago. It was a natural way to cook fresh and local because they just could use the ingredients they had around them.

Lunch based on paella!!

15:30 -18:30

Guided tour to the natural spaces of the right part of Delta by bus. We will visit Trabucador, L'Encanyissada and Mon Natura in La Tancada.



18:30

Return by bus to Deltaic

20:00

Tasting menu dinner in Deltaic to enjoy the multiple products in our region with explanations and interaction with the students. Each dish is prepared with different aspects of sustainability in mind: biodiversity, zero waste, support for local producers, ecological footprint and health.

End of activities

#### FRIDAY 2023 NOVEMBER 17TH

08:30 - 09:30

Breakfast in Deltaic

09:30

Departure to Identitat Olive Oil

11:00

Visit and Lunch

We will get to know the family that produces a unique and unrepeatable organic extra virgin olive oil, the result of a combination of experience and tradition for at least five generations. Its character has been forged over time, the result of the adaptation of the olive trees to the wild and rugged terrain.

<https://identitatoliveoil.com/>

Toni and Arianna from Identitat will prepare Cloxa for us, a traditional dish of the local farmers when they had new oil. In the Cloxa, the hollowed-out bread serves as a lunch box to carry the anchovy, tomato and roasted garlic, which are then dressed with abundant extra virgin olive oil.

16:00

Departure by bus to Kensho Sake

17:30

Visit at Kensho Sake

Visit and tasting at Kenshō Sake ([www.kenshosake.com](http://www.kenshosake.com)). With the aim of contributing to the conservation and development of the Ebro Delta, Humbert and Meritxell have innovated their business by producing and offering rice products with the respect for the rice-growing heritage. Inspired by their passion for Japan's millenary rice tradition, Kenshō was born: a pioneer in the production of sake, miso, amazake and other rice derivatives.

Buffet dinner based on Kensho products

<https://www.kenshosake.com/>

21:00

Back to Deltaic

End of activities

#### SATURDAY 2023 NOVEMBER 18TH

08:00-08:30

Breakfast in Deltaic

09:00-09:30

Departure to El Prat Airport

13:40

Flight VY6514 to Torino Caselle

15:10

Arrival at Torino Caselle Airport

Transfer to Bra Movicentro

