



Viaggio Didattico Friuli Friuli Study Trip

Data / Dates:

12/01/2026 - 16/01/2026

A.A / A.Y:

2025/2026

Tutor:

Graglia Martina, Pozzi Federica

Please note that some activities might be in Italian. The tutors will help with translation so everyone can follow along

Monday, January 12, 2026

6:45

Meeting at Bra Movicentro, the glass structure near the train station

7:00

Departure from Bra Movicentro with a private bus. Along the way, we'll make a couple of short stops - one of which will be for breakfast (reimbursed as per university policy). We'll have lunch in Veneto at Ca' de Memi, a farmhouse focusing on rare indigenous poultry breeds, ancient apples, figs and cincantino maize (Slow Food Presidium)

<https://www.cadememi.it/>

After lunch, we'll continue our drive to Friuli, heading to La Subida for check-in and dinner on site at Trattoria al Cacciatore. Please note that the rooms are scattered throughout the woodland estate of La Subida

<https://www.lasubida.it/>

<https://www.lasubida.it/a-tavola/ristorante-trattoria-al-cacciatore/>

Overnight stay at La Subida

End of the didactic activities

Tuesday, January 13, 2026

Breakfast in the rooms

At 9:00, we'll head out for a visit of the La Subida estate, followed by a visit to Acetaia Sirk. This will include a short walk through the property and a focus on artisanal vinegar production, made from Ribolla Gialla grapes, a local and traditional product of the area

<https://www.acetosirk.it/>

After the visits, we'll move for lunch to the traditional Slow Food Osteria Blanch

<https://trattoriablanch.it/>

In the afternoon, we'll visit the Keber family wineries. We'll start with the newly opened Trifolium winery by Kristian Keber, located on Slovenian territory and recognized as an award-winning example of biodynamic viticulture. We'll then continue to the historic Keber cellar, and the visit will end with a wine tasting

<https://www.keberk.com/>

<https://www.keberk.com/trifolium>

Before dinner we'll have some time to head back to our rooms and freshen up. Dinner will be at walking distance, at Osteria La Preda, located within the La Subida estate

<https://www.lasubida.it/a-tavola/osteria-de-la-subida/>

Overnight stay at La Subida

End of the didactic activities

Wednesday, January 14, 2026

Breakfast in the rooms and check out with luggages

9:00

Departure by bus and head towards the Carso area, a distinctive plateau in the Friuli region. The Carso is famous for its rocky limestone terrain and a mix of Mediterranean and Central European influences. This unique landscape has shaped local culture, agriculture, and traditional ways of life over the centuries. The morning will be dedicated to discovering the Zidarich winery, an extraordinary example of heroic viticulture. Here the vines grow on steep limestone slopes, and the cellar itself is spectacularly carved deep into the stone. We'll enjoy a light lunch on site, paired with a tasting of the wines

<https://zidarich.it/>

In the afternoon we'll visit Fattoria Antonič, a didactic and production farm focusing on dairy and meat products. The farm is especially dedicated to the Carsolina sheep, an indigenous breed currently at risk of extinction. This breed is recognized as a Slow Food Presidium, which means it is part of a program that protects traditional foods, preserves biodiversity, and supports small-scale producers who maintain sustainable, high-quality local practices. After the farm visit, we'll continue our journey to Trieste for check-in at Hotel Urban

<https://www.asinoberto.it/fattoria-antonic>

<https://www.urbanhotel.it/>

At 19:00, the bus will pick us up for a group dinner at Zinzendorf, a recently opened concept space. The dinner will be interactive, prepared by young chefs Domenico and Alessandro, featuring local products and enriched by the presence of a selection of local producers

https://www.instagram.com/zinzendorf_opicina/

Return to hotel by bus

Overnight stay in Trieste at Hotel Urban

End of the didactic activities

Thursday, January 15, 2026

Breakfast at Hotel Urban

At 8:30, we'll depart by bus for a activity with the WWF Miramare Marine Protected Area. Please note that the activity will only take place in favorable weather conditions. The focus will be on mussel farming, sustainable small-scale fishing, and the biodiversity of the northern Adriatic Sea. The class will be divided into three groups, rotating through three activities, each lasting about an hour. One group will take a boat excursion with a WWF expert to observe the mussel farms and explore the area from the sea (please dress warmly). Another group will participate in a session on local small-scale fishing, including a short presentation and discussion with a mussel producer. The third group will have free time to explore the Miramare Castle park

<https://www.ampmiramare.it/>

<https://miramare.cultura.gov.it/>

Lunch and the afternoon activity are to be confirmed

At 19:30, we'll enjoy an aperitivo and dinner at Spaccio Pani, together with local producers. We'll have a visit of the bakery and a chat about the wheat and bread supply chain, artisanal baking, and the Slow Grains project

<https://spacciopani.it/>

Overnight stay in Trieste at Hotel Urban

End of the didactic activities

Friday, January 16, 2026

Breakfast at Hotel Urban

Please bring your luggage to the lobby, since we'll need to check out of our rooms before heading out on foot. We'll pick up the luggage later before leaving by bus

At 9:30, we'll enjoy a food walking tour of Trieste, a way to explore the city while tasting local specialties. Trieste is a beautiful port city with a unique mix of Italian, Austro-Hungarian, and Slovenian influences, famous for its historic cafés, elegant squares, and seafront promenade. During the tour, we'll stop at historical cafés, traditional buffets, and other foodie spots, eating and walking our way through town. The group will be divided into smaller groups

12:30

Departure by bus back to Bra. We expect to arrive around 20:00 but please don't make any plans for the evening, as this time is indicative and may vary depending on traffic and other factors

End of the didactic study trip