



Study Trip Barcelona

Data / Dates:

06/06/2026 - 12/06/2026

A.A / A.Y:

2025/2026

Tutor:

Vera Martin

Saturday 6th June 2026

12:15

Meeting at Bra train station (platform 2)

12:31

Departure from Bra train station. Transfer by train to Torino Caselle airport

13:56

Arrival at Torino Caselle airport

16:30

Departure to Barcelona on Ryanair flight FR775

18:00

Arrival to El Prat airport (Barcelona)

19:00

Travel by train to Sitges city, a traditional mediterranean village facing the to the sea.

<https://www.sitgesanytime.com/en/sitgesanytime>

20:30

Check in at Hotel Sitges

<https://www.hotelsitges.es>

21:30

Dinner at a traditional mediterranean-locally sourced restaurant La Nansa (20 minutes walking distance)

<https://restaurantlanansa.com>

23:00

End of activities.

Back to the hotel (20 minutes walking on the coast promenade by the sea)

Sunday 7th June 2026

8:00

Breakfast at the hotel

10:00

Walking guided tour through Sitges historical center, to better understand the mediterranean historical food systems of the area.

11:30

Visit and wine tasting at the Museum and Center of the traditional Malvasia of Sitges wine, one of the Slow Food Presidium of Catalunya

<https://cellerdelhospital.cat/en/interpretation-center-malvasia/>

<https://www.fondazione Slow Food.com/en/slow-food-presidia/sitges-malvasia/>

12:30

Free time and free meal included in Sitges

16:00

Meeting at the Sitges train station (with all luggage) to take the train to Barcelona

16:30

Trip by train and metro to join the Hotel in Barcelona

18:15

Check in at Travelodge Poblenou Hotel

<https://www.travelodge.es>

20:00

Meeting at the lobby and heading to Espai Puntal for dinner

20:30

Dinner at Taula room of the Espai Puntal (gastronomy of the landscape)

<https://puntal.barcelona>

22:30

End of activities.

We will take the Metro transport to go back to the Hotel

Monday 8th June 2026

8:30

Breakfast at the hotel to get ready for a walking day exploration of the Poblenou area

10.30

Meeting at the hotel lobby and short walking to visit Abono Km0 project

11:00

Visit to AbonoKm0, a social innovation project that created a urban composting network in order to transform food waste into a high value product as benefit to the ground, consumers and local food system.

(<https://abonokm0.com>) (<https://giveth.io/project/abonokm0>)

13:00

Lunch at Blu Bar corner (15 min walk from AbonoKm0)

(<https://blubar.es/en>)

15:00

Walking (20 minutes) to reach the headquarter of the Food Cultura Foundation

15:30

We will be hosted by a Foundation member and guided through the art works exhibition and archives of the Catalan artist Antoni Miralda

<http://www.foodcultura.org/en/>

<https://stomakdigital.org>

17:00

Walking to the visit at the design studio of Makeat

17:30

Visit to Makeat offices and lab. A design studio applying their own methodology of Food Thinking for their innovative consultancy and design ideas, specialized on edible branding but not only!

<https://makeat.tech>

19:30

Back to the Hotel

20.30

Meeting at the lobby and trip to the dinner at Hidden Factory in Raval area, by Metro

21:00

Conceptual dinner in a renovated ex-factory flat called Hidden Factory by Chef Xavier Moron. HF is a creative studio specialized in gastronomy and design, photography and art direction, located in the Raval area, the artistic, eclectic and vibrant neighborhood of Barcelona.

(<https://hiddenfactorybarcelona.com>)

22.30

End of activities. Back to the Hotel by Metro.

Tuesday 9th June 2026

8:30

Breakfast at the Hotel

9:45

Trip by Metro to the Port of Barcelona area

10:30

Meeting with the marine biologist Anna Bozzano and guided visit to the fisherman association located at the harbour. Walking visit to the Barceloneta area, discovering the stories of the marine traditional gastronomy and market.

13:30

Lunch at Barceloneta area to taste the traditional seafood dishes together with Anna Bozzano

14:30

Free time for the rest of the day with a free dinner included.

Wednesday 10th June 2026

7:00

Breakfast at the Hotel

7:45

Departing by private bus to the Empordà area

9:30

Visit to the Peralades Mas Marcè, family run sheep & dairy farm. The family sustain the traditional Ripollesa sheep, a Slow Food "Ark of Taste" variety of breed.

<https://www.peraladamasmarce.com/es/>

<https://www.fondazione Slow Food.com/en/ark-of-taste-slow-food/ripollesa-sheep-breed/>

11:30

Departing to Figueres city

12:00

Check in to Hotel Los Angeles in Figueres

<https://www.hotelangeles.com>

12:45

Lunch at Lizarran Figueres, to experience the traditional basque Pintxos style tapas in the Rambla of Figueres

<https://lizarran.es>

14:30

Guided visit to the Salvador Dalí House Museum. The local guide will lead us into a perception journey to discover how food and gastronomy was involved in the artist unique creative universe.

(<https://www.spain.info/en/discover-spain/last-work-theatre-museum-salvador-dali-spain/>)

16:00

Free extra time inside the Salvador Dali Museum, and relax time on Figueres center or hotel

20:00

Our dinner will take place at the restaurant of the emblematic "Hotel Duran", a hotspot of the city that hosted Salvador Dalí long period stay and where the footprints of the artist could be found in our days.

(<https://restauranthotelduran.com/en>)

22:00

End of activities. Back to hotel (walking distance)

Thursday 11th June 2026

8:30

Breakfast at the hotel

9:30

Depart by private bus to Roses area

10:30

Arrive to Cala Montjoi and guided visit to the elBulli1846 museum and Foundation

<https://elbullifoundation.com>

13:00

Trip to Roses city and Check in to Hostal Gallet

<https://hostalgallet.hotelrosas.net/es/>

13:30

Free lunch and free afternoon time

20:30

Meeting at the "Playa de la Punta" beach where we will have a mindful eating experience at sunset time guided by the mindfulness instructor Edgar Tarrès Falcò, professor of wellbeing and happiness at the Girona University.

<https://www.edgartarres.com/en/>

21:30

Traditional Catalan tapas dinner at Tramonti by the beach

<https://www.instagram.com/tramontiplatjaroses/>

23:00

End of activities. Back to the hotel (walking distance)

Friday 12th June 2026

7:30

Breakfast at the hotel

8:30

Walking to Roses bus station

9:00

Departing by bus to Figueres station

10:30

Departing by train to Barcelona Sant Andreu station

12:25

Arriving to Barcelona Sant Andreu station and taking next train to the Airport

13:30

Arriving to the airport and drop off of our luggage

Free lunch included

16:50

Take off of our flight Ryanair FR9111

18:25

Landing to Torino Caselle airport & pick up our bags

19:00

Transfer to Bra by train from the airport

20:30

Arrival to Bra train station

End of study trip