

Titolo Viaggio: Viaggio Didattico Territoriale in Sicilia Study Trip full name:

Viaggio ID: MOGMOB24ITAH 06/11/2023 - 11/11/2023

Tutor: R. Hallett

Monday, 6 November 2023

08:45 Meeting at Bra Movicentro 09:00 Transfer from Bra Movicentro to Torino Caselle airport FREE LUNCH in airport 12:25 Ryanair flight FR 910 to Catania 14:15 Arrival in Catania airport, bus transfer to Hotel Agathae in Catania city centre to check-in and drop luggage https://www.hotelagathaecatania.com/ 16:00 Departure from hotel on foot (approx. 20-25 mins) 16:30 Guided tour of Benedictine Monastery of San Nicolò l'Arena to learn about the history of the city and it's cultural heritage, including a visit to see the original 17th-century stone kitchen https://www.monasterodeibenedettini.it/ 18:30 Visit to the Bastione degli Infetti, an important historical site of the city, followed by a thematic dinner hosted by Mario Traina and the Comunità Educativa Gastronomica Etnea 22:00 Return to the hotel End of didactic activities

TUESDAY, 7 NOVEMBER 2023

06:00

Departure from the hotel in bus 07:00 Visit to Azienda Agricola Asero to learn about sheep cheese production, followed by breakfast "ai Pastori" https://www.facebook.com/salvoalfiopasqualino/ 09:00 Visit to Oleficio Russo to see the production process of Extra virgin olive oil (Evoo) from Etna https://www.oleificiorusso.it/en/ 11:00 Visit to Azienda Agricola Koru, "heroic" producers of olive oil in the area surrounding Mount Etna to learn about cultivation practices for Sicilian olives, followed by lunch and a guided technical tasting of different olive oils from Etna https://agrikoru.com/en/ 18:00 Return to Catania in bus



End of didactic activities FREE DINNER in Catania

WEDNESDAY, 8 NOVEMBER 2023

Breakfast in the hotel

*NOTE: Prepare a small overnight bag with necessary items as we will leave our luggage on the bus on Wednesday evening 08:00 Departure from the hotel in bus 09:30 Demonstration of the traditional preparation of "Fellette," a typical sweet made only by the women of Bronte 10:30 Visit to Azienda Agricola Cimbali, a producer of organic pistachios, to see the production process after harvest, followed by a guided nature walk through the wild pistachio groves and other characteristic sites of the territory (exact course to be determined on the day based on weather conditions etc.); "rustic" light lunch during the walk https://www.facebook.com/salvoalfiopasqualino/ 17:00 Return to the hotel; transfer main luggage to the bus FREE TIME in Catania; optional walk around the city center with Mario Traina 20:30 Meeting for dinner at mm street food https://mmstreetfooddotcom.wordpress.com/ 22:00 Return to the hotel on foot End of didactic activities THURSDAY, 9 NOVEMBER 2023

06:00 Check out and departure from hotel on foot (spprox. 20 mins) 06:30 Meeting with Mario Traina in Piazza Duomo for a quick traditional Catanese breakfast followed by a guided tour of "a Piscaria," the historic fish market of Catania 8:00 Departure from Catania fish market in bus to meet with Mario and his students at Piazza dei Mestieri Catania, a trade school in the outskirts of the city, for a cooking workshop and lunch https://piazzadeimestieri.it/ 13:30 Departure from Catania in bus 16:00 Arrive at Hotel San Giorgio Modica, check-in and drop luggage https://www.sangiorgiomodicahotel.it/ 17:30 Visit to the Bottega Sabadì, an artisanal producer of high-quality Modica chocolate, including a visit to the chocolate ageing cellars and a tasting of chocolate paired with different beverages https://www.sabadi.it/ 19:30



Departure from Sabadì on foot (approx. 15 mins) 20:00 Dinner at Fattoria delle Torri https://fattoriadelletorri.com/ 22:00 Return to hotel on foot End of didactic activities

FRIDAY, 10 NOVEMBER 2023

Breakfast in hotel 09:30 Check out from hotel 10:00 Visit in Modica (to be confirmed) 11:30 Departure from Modica in bus 13:00 Light lunch provided by L'Arcolaio Societa' Cooperativa Sociale, a social cooperative that provides training and job placement in traditional food production for disadvantaged or marginalised members of society, followed by a visit to the production site https://www.arcolaio.org/ 17:00 Check-in at Boutique Hotel Molo Santa Lucia FREE TIME in Syracuse/Ortigia 20:00 (TBC) Meeting for tapas style dinner at Soul Kitchen https://www.facebook.com/soulkitchensiracusa/ 22:00 Return to hotel on foot (approx. 5 min) End of didactic activities

SATURDAY, 11 NOVEMBER 2023

Breakfast in hotel 10:00 Check out FREE TIME and FREE LUNCH in Syracuse/Ortigia Optional: visit to open air market in Ortigia with lunch (panino) at Caseificio Borderi 12:15 Meeting at hotel to collect luggage 12:30 Depart from hotel in bus 14:00 Arrival in Catania airport 15:35 Ryanair flight FR 1020 to Torino 17:35 Arrival at Torino Caselle airport; transfer to Bra Movicentro 19:00



ETA at Bra Movicentro End of study trip