



Viaggio Didattico Portogallo Portugal Study Trip

Data / Dates:

15/06/2025 - 21/06/2025

A.A / A.Y:

2024/2025

Tutor:

Ferrari Julia

Sunday, June 15, 2025

05:45

Meeting at Bra Movicentro to sign documents

06:00

Departure towards Milano Bergamo airport

09:00

Arrival at Bergamo Airport and check-in

Free breakfast

11:05

Ryanair flight FR4042

12:45

Arrival at Porto Airport

Collect luggages and recharge metro card

We will use the metro to go towards the city: Line E to Bolhao Station + 500m walk to the hotel.

Arrival at the hotel and check-in

<https://hotelmoov.com/>

15:00

Meeting in the hotel lobby and departure

We will have a walking tour with Liliana Alves, owner of Epoca Café

<https://www.instagram.com/epocaporto/>

With her we will walk around the city towards her café. During the tour we will have some typical Portuguese street food, the tour will finish at her restaurant featuring some other dishes for a late lunch/early dinner.

Night Stay at Hostel MOOV Porto

End of didactic activities

Monday, June 16, 2025

07:00

Breakfast at the hotel

08:00

Departure from hotel towards Sistelo

10:00

Workshop of typical bread and Slow Food Presidium -*Broa de Milho* followed by lunch

Between stages of bread preparation, we will have a walking tour of the city

<https://www.fondazione Slow Food.com/en/ark-of-taste-slow-food/broa-de-milho-2/>

14:30

Departure towards Arcos de Valdevez

15:00

Visit to Quinta do Cerqueiral - wine producer (*Vinho Verde*)

<https://cerqueiral.pt/>

After the visit we will come back to Porto, expect about a 1h30 drive

19:30

Departure by walk for dinner at Oficina Porto

https://www.instagram.com/oficina_porto

Night Stay at Hostel MOOV Porto

End of didactic activities

Tuesday, June 17, 2025

09:00

Breakfast at the hotel

10:00

Check-out and departure

Visit at winery Poças - *Porto* wine

<https://pocas.pt/en/>

13:15

Lunch at Lume - Bio Artisan Bakery

[instagram.com/lume_bio/](https://www.instagram.com/lume_bio/)

After lunch we will departure towards Cascais, expect about a 3h drive

Check-in at Ljmonade Hostel

<https://www.ljmonade.com/>

19:10

Departure by walk towards the restaurant

Meeting with Chef Paulo Mendoça, presentation of typical portuguese product: salted cod fish (*bacalhau*) followed by dinner at Restaurante Beira Mar

<http://www.restaurantebeiramar.pt/>

Night Stay at Ljmonade Hostel

End of didactic activities

Wednesday, June 18, 2025

FREE BREAKFAST - organize yourself, coffee shops usually open around 8am.

09:00

Check-out and departure

We will spend the day together with the ESHTe - Estoril Higher Institute for Tourism and Hotel Studies - staff, visiting different projects

<https://www.eshte.pt/>

09:30

Visit at Quinta do Pisão

12:30

Lunch at the school canteen

13:45

Meeting and class with Professor Maria Jose Pires: *Portuguese Gastronomy in the World*

<https://www.eshte.pt/en/articles/professors/maria-jose-pereira-pires/>

15:15

Visit at Wissi Atlantic Vegetables

<https://wissi.pt/>

17:00

Departure towards Evora, expect about a 2h drive

Check-in at Holiday Inn Evora

<https://www.ihg.com/holidayinnexpress/hotels/it/it/evora/lisev/hoteldetail>

Free time and free dinner

Night Stay at Holiday Inn Evora

End of didactic activities

Thursday, June 19, 2025

7:00

Breakfast at the hotel

8:45

Departure towards Herdade Sao Luis

Visit at Herdade São Luís, meeting with Francisco Alves to talk about regenerative agroecological farming

<https://www.orgo.eco/>

https://www.instagram.com/herdadesluis_porcusnatura

13:00

Lunch at Restaurante Azinheirinha

After lunch we will come back to Evora, and you will have some free time before dinner

20:00

Meeting at restaurant A Bruxa de Evora for dinner

<https://www.abruxadeevora.pt/>

Night Stay at Holiday Inn Evora

End of didactic activities

Friday, June 20, 2025

7:00

Breakfast at the hotel

09:00

Check-out and departure towards Herdade do Esporao

10:00

Visit at the olive oil production and olive tree plantation, followed by tour at the cellar

<https://espobao.com/pt>

Lunch will be at the Wine Bar

<https://espobao.com/pt/turismo/almoco-no-wine-bar>

After the activities and lunch, we will departure towards Lisbon, expect about a 2h30 drive

Check-in at WOT Hostel Lisboa

<https://www.wotels.com/lisbon/wot-lisbon-nomad/>

Free dinner in Lisboa

Night Stay at WOT Hostel Lisboa

End of didactic activities

Saturday, June 21, 2025

09:00 to 09:30

Breakfast at the hotel - *by hotel rules, we should have breakfast all together at this time frame*

10:30

Check-out and departure towards the airport. We will use the metro to arrive at the airport.

We will walk to Saldanha Metro Station and take the Red Line to Airport (30 min ride)

12:00

Arrival at Lisbon Airport and check-in

Free lunch

13:55

Easyjet flight EJU7669

17:35

Arrival at Milano Malpensa Airport

18:00

Transfer by private bus to Bra

20:30

ETA Bra