



Viaggio Didattico Grecia Greece Study Trip

Data / Dates:

25/03/2025 - 31/03/2025

A.A / A.Y:

2024/2025

Tutor:

Bernardi Andrea

Tuesday, March 25, 2025

06:30

Departure from Bra Movicentro

09:30

Arrival at Orio al Serio – Milano Bergamo Airport

FREE BREAKFAST

11:20

Ryanair flight FR4774 from Milano Bergamo (BGY) to Thessaloniki (SKG)

14:20

Arrival in Thessaloniki

15:00

Departure to Xanthi.

18:30

Arrival at Pleteno. A women's association created by local women who didn't have the chance to finish school when they were children and they did when they were adults. They decided to create this association to have an income by creating and selling handcraft things from their tradition as well as some typical products (juices, spoon sweets). Dinner.

<https://www.pleteno.gr/>

Accommodation Xanthipion Hotel

<https://www.hotelxanthippion.gr/en/>

Wednesday, March 26, 2025

08:30

Depart for Kotyli, a small village on the mountains of Rodopi. The villages of the Rodopi mountains are inhabited by an indigenous tribe of people, the Pomakoi, who have existed there since ancient times.

Parco Nazionale dei Monti Rodopi, Παράνέστι, Grecia

09:30

Arrival at the farm of the Konte family. The family cultivates organic herbs. They also produce vegetables and legumes for the needs of their families and are almost self-sufficient. They are launching their first herbal brand called after the name of the village, Kotili, which also means a pot.

12:00

Arrival at Eutychia honey producer. The visit will take place in two different locations, the beehives are on the mountains and the laboratory inside the city of Xanthi. Lunch in the village of Ano Karyofito.

17:30

A historical tour in the old part of Xanthi, during which we have bites of food that was either typical in the historic frame of a certain historical period, or of a city's population.

FREE DINNER

Accommodation Xanthipion Hotel

<https://www.hotelxanthippion.gr/en/>

Thursday, March 27, 2025

08:45

Check out

09:00

Departure to Neo Sidirochori.

10:00

Arrival at Neo Sidirochori. Domaine Kikones is proudly the first winery founded in 2004 in Rhodope, Thrace, in the far north-eastern corner of continental Greece, by Melina Tassou, Agricultural Engineer - Bordeaux trained Winemaker (D.N.O. Bordeaux).

<http://www.kikones.gr/index.php>

12:00

Komotini lunch at Aderfia

14:00

Departure to Macedonia Brewery for our visit to the local brewery /malt house, Macedonian Thrace Brewery. We are going to see the production of the beer as well as the malt. The brewery applies contract farming with local farmers for its barley and they also produce/brew a natural infusion, made with greek mountain tea, sideritis, honey and lemon. They also apply contract farming for the mountain tea and we are going to visit a producer of it on Friday morning. After the tour we are going to taste the beers at the bar of the brewery

Vergina Beer factory

<https://www.verginabeer.com/en/>

20:00

Street food dinner

Accommodation Anatolia Hotel

<http://www.anatoliahospitality.com/>

Friday, March 28, 2025

Check out

08:00

Depart to Ellinochori

10:00

Arrival at Ellinochori village, where we are going to visit a typical tahini producer. Tahini is the sesame paste and the area of North Evros was very famous in the past for it. There is a local variety of sesame that both the producers that we are visiting today, revive and proceed. Tsirnas family. Here we are going to see a traditional way/approach of producing tahini. The family created a "Giahana", a place where people in the past used to process sesame seeds to make tahini. The family also cultivates sesame, as well as peanuts, with which they also produce peanut butter. The woman of the family also creates a series of traditional pasta and the famous Trahanas of Thrace, which is the only one in Greece made with vegetables and not dairy products (milk/yogurt).

Dimetoka, Greece

<https://www.facebook.com/papamaurudi>

12:00

Arrival at Vrysika village. The producer is Samyθος. They make a really unique series of organic tahini products. A completely innovative and health oriented approach of tahini. Lunch.

<https://www.samythos.gr/en/>

15:00

Arrival at Didimoteixo

17:00

Historic Tour

21:00

Dinner at Praggi

Saturday, March 29, 2025

08:00

Depart from Didimoteixo

09:00

Arrival Pylaia, where we are going to visit an organic breeder and producer of the typical cured meats and sausages of the area, as well as a cheese maker of feta cheese (in March there is still no production of cheese - it starts later. We will see only the cured meat and they are going to explain the process of feta making only verbally).

Everything from the food of his animals till the end product is made by his family, Kokkinomatis family

<https://www.facebook.com/oikogeneia.kokkinomati/>

10:30

Departure to Nea Makri (30 minutes). We are visiting Kyklopas olive mill, situated in Makri, Northern Greece, among one of the oldest olive groves in the Mediterranean.

Kyklopas

<https://kyklopas.com/>

12:30

Depart to Alexandroulopi

FREE LUNCH

17:00

Arrival at Konos hill olive oil producer for Olive oil tasting and dinner. The owners, two young brothers, cultivate the typical olive variety of Makri, as well as the spanish variety, Pigual, and make interesting monovarietal and blend olive oils. The dinner will be at their farm. During this visit we are going to have an open conversation with the owners of Konos farm, that were affected by the disastrous fire last year. We are going to talk about the challenges of climate change as well as how these young producers see the next day. Dinner .

Konos Olive Hill

<https://www.konoshill.com/index.php/el/>

Sunday, March 30, 2025

09:30

Depart to Komotini

10:30

Arrival at Grizo&Prasino. We are going to visit a couple that produces organic herbal teas, Grizo&Prasino.

<https://grizoprasino.com/>

13:30

Lunch Kavala fish

20:00

Dinner TBC

Monday, March 31, 2025

Check-out

11:30

Arrival at the farm of the Chilly Factor, where the couple that owns the farm will take us around to see their organic cultivation of vegetables, edible flowers and micro greens. We are going to have lunch there.

<https://www.facebook.com/thechillifactor/>

14:45

Departure to the airport of Thessaloniki

16:45

Ryanair flight FR412 from Thessaloniki (SKG) to Milano Bergamo Orio al Serio

17:55

Arrival in Bergamo Orio al Serio

18:30

Departure for Bra Movicentro

21:30

ETA arrival in Bra

End of the study trip.