

Titolo Viaggio: **Viaggio Didattico Territoriale EXTRA EU in Brasile** *Study Trip full name: Study Trip EX EU in Brazil*

Viaggio ID: BRA2-2324 22/01/2024 - 02/02/2024

Tutor: S. Beschorner

SATURDAY 2024 JANUARY 20th

06:50 Meeting at Bra Movicentro 07:00 Departure in bus for Airport 09:00 Arrival to Milano Malpensa – MXP e procedure to Check-in 12:00 Departure to São Paulo, number flight LA8073L 19:50 Arrival at São Paulo – Guarulhos Airport - GRU 23:15 Departure to Salvador de Bahia, number flight LA3360L

SUNDAY 2024 JANUARY 21th

01:35 Arrival at Salvador airport - SSA transfer and check-in to the Pousada Boqueirão. https://www.instagram. com/pousadadoboqueirao/ 09:30 Breakfast at pousada 10:00 Departure to São Joaquim Street market - Represents the rich cultural and culinary heritage of the region, São Joaquim Street Market is situated in the historic city of Salvador. It serves as a lively hub where both locals and visitors can immerse themselves in the vibrant tapestry of sights, sounds, and flavors unique to Bahia. 12:30 Lunch at Zanzibar https://www.instagram.com/restaurantezanzibaroficial/ 16:00 Free time 18:30 Preparing at Pousada Boqueirão together a special dinner made by the chef and professor Elmo Soares e Thaís Ferreira. Discovering the sacred dimension of aliments in the Candomblé afro-descendant religion and its culinary. Meeting with the local Slow Food Convivia and having dinner together. 22:30 End of activities.

MONDAY 2024 JANUARY 22 th 08:30 Breakfast at pousada 09:00 Walking to the Gastronomy Museum of Bahia, visit the gastronomy Museum and introduce a local cuisine



by workshop of traditional dishes made by a local chef from the Senac Culinary School. The most important culinary school in Brazil. https://www.ba.senac.br/cardapiorestaurantepelourinho 12:00

"Riddle-tasting" lunch with a large open buffet with 40 traditional plates and 12 desserts. 14:00

Visit of Mafra Museum - dive into Brazil's African history and heritage at the museum, where the exhibitions cover Afro-Brazilian art, history, and ethnography. Here, old maps and documents shed light on the history of enslavement in Brazil, while traditional masks, jewelry, and clothing, as well as pottery and unique musical instruments, convey the diverse art forms of the African continent. Notable highlights include the exhibits on capoeira martial arts and the Candomblé religion.

http://www.mafro.ceao.ufba.br/

16:00

Departure in bus to São Lázaro Community

16:30

Arrived at São Lázaro community – Introduction of local culture and social projects with capoeira Group "Tempo" followed by light dinner in a local restaurant at the community- https://www.instagram. com/grupotempocapoeira/?hl=it

22:00

Return to the hotel and end of activities.

TUESDAY 2024 JANUARY 23th

08:30 Breakfast at pousada 09:00 Check out and departure to AMMA chocolates - https://www.ammachocolate.com.br/ 10:00 Visit to AMMA production. 12:00 Departure to restaurant Dona Mariquita 12:30 Lunch at restaurant Dona Mariquita - Traditional Heritage food from the old tradition, original recipes and ingredients, blending indigenous, African, and inland influences in the pursuit of the true flavor of Bahia cuisine. https://donamariquita.com.br/ 14:30 Departure to Barra do Itariri 17:10 Arrival and check in at Pousada Bela Vista. https://www.pousadabvista.com.br/ 18:00 Meeting with a local "Marisqueira" woman (Nita) and learning the ancient "Moqueca leaves" followed by dinner. 22:00 End of activities

WEDNESDAY 2024 JANUARY 24th

07:00 Breakfast at pousada 07:30 Check out and departure to Estância -SE 09:30 Arrival to a local sea-food community during their daily Aratú crab and Sururu and shells fishing in



Mangrove areas. 13:00 Sea-food lunch at the community prepared by "Marisqueira" womens. 15:00 Departure to São Cristóvão-SE 16:00 Arrival at "Casa da Queijadinha" Visit to an artisanal producer of 'queijadinha,' a traditional sweet influenced by the era of slavery, with Portuguese culinary influences, made by Mrs. Marieta, who is a descendant of slaves. https://www. instagram.com/casadagueijada/?hl=it 17:30 Departure to Aracaju - SE 18:30 Arrival and check in at Arcus Hotel 19:30 Dinner at "Passarela do Caranguejo" (nearby the hotel) 21:30 End of Activities.

THURSDAY 2024 JANUARY 25th

06:00 Breakfast at hotel 06:30 Check out and transfer to Canindé do São Francisco - SE 11:30

Visit and boat ride on Xingó Lake in the San Francisco River. The São Francisco River, flowing through the heart of Xingó, is a lifeline for irrigation in the surrounding areas. The creation of the Xingó Reservoir, a vast artificial lake resulting from the harnessing of the river for hydroelectric power generation, has provided an invaluable water resource for agricultural purposes. 14:30

Departure to Agrofloresta Umbuzeiro - https://www.instagram.com/agrofloresta.umbuzeiro/ Lunch will be provided, followed by an exploration of the Agroforest concept and production. The producer's location is within the Caatinga biome, an exclusive natural phenomenon found primarily in Brazil's northeastern region. This biome is renowned for its semi-arid climate and exceptional biodiversity, featuring a landscape dominated by thorny scrub vegetation uniquely adapted to endure the challenging conditions of prolonged drought.

17:30
Departure to Pousada Caçuá . https://www.instagram.com/pousadacacua.xingo/
18:00
Check in. End of activities.
FREE DINNER

FRIDAY 2024 JANUARY 26th

06:30 Breakfast at pousada 07:00 Check out and departure to Sítio Frutos do Sertão – Canindé do São Francisco -SE 07:30 Arrival to Sitio Frutos do Sertão - https://www.instagram.com/sitiofrutosdosertao/ Family-owned property, where the couple Irisvan and Gessiane cultivate acerola, sugar cane, banana,



and cassava, producing handmade cane molasses, cassava chips, acerola vinegar, creamy fruit liqueur, and tapioca dough. At the farm, visitors get to learn about irrigated cultivation methods and savor these delights during a picnic under a large "umbuzeiro" tree. 09:30

Departure to Queijaria Fazenda Nova (cheese maker) - https://www.instagram.

com/queijariafazendanova_/ - Nossa Senhora da Glória

10:45

The experience offers a distinctive hands-on experience, providing visitors with the opportunity to observe the traditional process of crafting 'manteiga de garrafa,' a local butter akin to ghee, the traditional Indian butter. This method serves as an authentic representation of culinary practices deeply ingrained in the cultural heritage of the region.

Led by Joseane da Costa, the visit also unveils the rich tradition of regional cheeses, including Coalho and Requeijão. Beyond the classics, Joseane encourages guests to explore innovations like cheeses filled with native fruit jams, as well as seasoned and cured varieties followed by lunch.

13:15 Departure to DM Hotel – Propriá - SE 15:30

Check in

16:30

Departure to Aldeia Indígena Kariri Xocó – Porto do Colégio – AL

16:45

Arrival to Aldeia Kariri Xocó - https://www.facebook.com/AldeiaKaririXoco/?locale=pt_BR

Visit the Kariri-Xocó indigenous village, home to the Kariri-Xocó people, a Brazilian indigenous community with a rich cultural history. There, we will meet the indigenous people, learn from their traditions, and have dinner together with them.

22:30

End of activities.

SATURDAY 2024 JANUARY 27th

07:30 Breakfast at hotel 08:00 Check out and departure to Associação Aroeira 09:30 Arrival to Associação Aroeira – Piaçabuçu - AL https://www.instagram.com/p/C0asBbvtuPe/?igshid=MTc4MmM1Yml2Ng%3D%3D&img_index=1 Visit and have a lunch together with a Slow Food Community of Sustainable Agro Extractivism in the Foz do Rio São Francisco Region (AL/SE)

We'll spend the day with the community, where we'll have lunch together and explore the mouth of the São Francisco River by boat. We'll also visit the production of pink pepper and discover many different fruits and plants from the local biodiversity.

15:30 Departure to Aracaju 18:30 Arrival and check in at Arcus Hotel 20:00 Dinner – TBC 22:30 End of activities.



SUNDAY 2024 JANUARY 28th FREE DAY

MONDAY 2024 JANUARY 29th

06:00 Breakfast at hotel 06:30 Departure to Mussuca – Local "Quilombola" Association – Laranjeiras – SE https://www.instagram.com/associacaoquilombola_?igsh=aG9pcnh0NGkybHl6 07:00

Arrival to Mussuca.

Visit a project was selected to participate in Green Action Week 2023 and visit the community, the project is a joint action campaign held in various countries to promote sustainable consumption at the community, national, regional, and international levels. The campaign aims to foster sustainable, collaborative, equitable, and creative ways of being in the world. The project, `Cozinha de Vó' Grandma's Kitchen, was one of the 05 initiatives selected in Brazil and was developed collaboratively through the GRUMAQ (Group of "quilombola" women producers) of the Quilombola Association of Muçuca, along with the Quilombola Youth of Muçuca.

We'll have lunch in the community and visit a Manioc artisanal factory inside di quilombo.

14:00 Departure to Arcus Hotel 15:00 Free time

19:00

Dinner at Seu Sergipe, crafted by Chef Seichele, is a tribute to and revival of the ancestral food culture of the people of Sergipe. Over the past 8 years, Chef Seichele has passionately dedicated herself to this culinary endeavor. Seu Sergipe embodies a fusion of gastronomic culture and art, a unique concept developed by the chef. She is a specialist in Sergipan and Northeastern cuisine, a lecturer, businesswoman, artist, and an ardent enthusiast of. 22:30

End of activities.

TUESDAY 2024 JANUARY 30th

07:30 Breakfast at hotel 08.00 Check out and departure to intercity hotel - Salvador - BA 13:00 Check in Intercity Hotel 13:30 Departure to Colônia de Pescadores de Itapuã - Salvador - BA 14:00 Explore and have lunch in this fishing village 17:30 Departure to hotel 18:00 Arrival to Intercity hotel 19:00 **Dinner TBC** End of activities.



WEDNESDAY 2024 JANUARY 31th

07:00 Breakfast at hotel 07:40 Check out and departure to the airport 08:00 Salvador airport - SSA Arrival at the International Airport Antônio Carlos Magalhães – Salvador – BA e procedure to Check-in. 10:25 Departure to San Paolo, number flight LA3353S 13:00 Arrival at São Paulo – Guarulhos Airport - GRU 18:00 Departure to Milano Malpensa – MXP, number flight LA8072S

THURSDAY 2024 FEBRUARY 01st

09:20 Arrival to Milano Malpensa – MXP 10:00 Departure to Bra Movicentro 12:00 Arrival in Bra. End of the study trip.