



Titolo Viaggio: **Viaggio Didattico Territoriale EXTRA EU in Kenya**  
*Study Trip full name: Study Trip EX EU in Kenya*

Viaggio ID: KEN2-2324  
22/01/2024 - 02/02/2024

Tutor: M. Graglia

### SUNDAY, JANUARY 21ST, 2024

03:15

Meeting at Bra Movicentro

03:30

Departure from Bra Movicentro to Milano Malpensa airport

Note: those meeting the group in Milano Malpensa are kindly asked to be at the Qatar desks by 05:40

Free breakfast at the airport

08:40 - 16:30

Qatar flight QR 124 from Milano Malpensa to Doha

Lunch in flight

18:35 - 00:05+1

Qatar flight QR1341 from Doha to Nairobi

Dinner in flight

### MONDAY, JANUARY 22ND, 2024

After completing all airport checks, we'll head directly to Thika and check-in at Sabby Grand Hotel for a good rest

<https://sabbygrandhotel.com>

10:30

Departure for Kandara / Murang'a County. We'll meet small-scale tea farmers, have lunch with the community, and visit Gatiiguru Tea Collection Centre. The day ends with dinner at Thika Greens Golf Resort

### TUESDAY, JANUARY 23RD, 2024

08:00

The morning is dedicated to the Nduti Tea Factory, where we'll have a tour to understand tea production

<https://nduti.ktdateas.com>

After, we'll head to Kangema for a laid-back lunch and a visit of Aspendos Dairy Limited, in Kangema, Murang'a County

[https://www.facebook.com/AspendosDairyLimited/?locale=it\\_IT](https://www.facebook.com/AspendosDairyLimited/?locale=it_IT)

Return to Thika Greens

### WEDNESDAY, JANUARY 24TH, 2024

08:30

Departure for Thika Coffee Millers in Madaraka. We'll learn about coffee production as we explore the production site. The company has worked very closely with the Kenyan coffee farmers to guarantee better returns and ensuring they have a greater say on the handling of their coffee

<https://www.thikacoffeemills.com>

After lunch, we'll proceed to visit Café Del Duca

<https://www.caffedelduca.com>

Return to Thika Greens

### THURSDAY, JANUARY 25TH, 2024



09:00

Departure to Grow Biointensive Agriculture Center in Muguga, Thika. G-BIACK initiatives aim to eradicate poverty and improve the living standards of resource-poor communities by promoting ecologically viable development strategies for sustainable and quality livelihoods. Visit and lunch here

<http://www.g-black.org>

In the afternoon we'll proceed to Kakuzi agricultural company, a Kenyan agricultural company listed on both the Nairobi and London Stock Exchange. They specialize in the cultivation, processing, and marketing of avocados, blueberries, macadamia, tea, livestock, and commercial forestry

<https://www.kakuzi.co.ke>

Return to Thika Greens

#### FRIDAY, JANUARY 26TH, 2024

Check out with luggages

07:00

Heading to Kiangai to visit Nyaka Bee Keeper. We'll then travel to Neema Community Garden for a visit. Following a community lunch, our day continues to Karurumo, Embu County, where we'll visit Karma value addition industries, specializing in bananas, mangoes, and other fruits. The day concludes with dinner and a restful night at Meru Herbs

<http://www.merusherbs.com/>

#### SATURDAY, JANUARY 27TH, 2024

Check out with luggages

09:00

Visit Meru Herbs farmers and their factory. Meru Herbs is a producer, processor and provider of a range of certified organic products, available through Fair Trade distribution channels

<http://www.merusherbs.com/>

<https://www.altromercato.it/meru-herbs/>

After lunch, we'll be heading to Laikipia Permaculture Centre. Visit and dinner

<https://lpct.or.ke>

Night stay at Storms Resort, in Nanyuki

<https://stormsresort.net>

#### SUNDAY, JANUARY 28TH, 2024

09:00

Departure to visit community projects supported by Laikipia Permaculture Centre, interaction and learning with indigenous Samburu / Maasai Community. Participation in lunch preparation and lunch with the community

Dinner at Laikipia Permaculture Centre

Night stay at Storms Resort, in Nanyuki

#### MONDAY, JANUARY 29TH, 2024

Check out with luggages

08:00

Departure to visit Wambugu apples, before enjoying a farm lunch

<https://wambuguapples.co.ke>

In the afternoon, we'll head to Nakuru, and you'll have some free time - perhaps for a bit of shopping.

Dinner and night stay at Emboita Hotel

<https://emboitahotel.co.ke>

#### TUESDAY, JANUARY 30TH, 2024



08:00

Departure to Marioshoni for a forest excursion and interaction with Ogiek beekeepers, part of the Slow Food Presidium

<https://www.fondazione Slow Food.com/en/slow-food-presidia/ogiek-honey/>

Lunch will be served at the Marioshoni community guest house

In the afternoon, we'll travel to Karunga, Elburgon, to learn about the wool project of the Karunga Women Group

Dinner and night stay at Emboita Hotel, Nakuru

#### WEDNESDAY, JANUARY 31ST, 2024

07:00

Departure to Lake Naivasha for a boat ride. Later, we'll visit Andermatt Biological Solutions to understand their sustainable practices. Their goal is to replace chemical pesticides with good biological alternatives, such as microbial products, natural substances, beneficial insects and traps

<https://www.ander matt.com>

After lunch at Seed Savers Network, we'll learn about the seed industry in Kenya

<https://seedsaverskenya.org>

Dinner and night stay at Emboita Hotel, Nakuru

#### THURSDAY, FEBRUARY 1ST, 2024

Check out with luggages

06:00

Our final day in Kenya starts with a morning game drive at Lake Nakuru National Park, allowing us to experience the diverse wildlife

<https://www.kws.go.ke/lake-nakuru-national-park>

Following lunch in Nakuru, we'll make our way back to Nairobi for a final dinner and a farewell with our local contacts!

21:00

Departure to the airport

#### FRIDAY, FEBRUARY 2ND, 2024

01:35 - 07:05

Qatar flight QR1342 from Nairobi to Doha

08:55 - 13:25

Qatar flight QR 127 from Doha to Milano Malpensa

17:00

ETA in Bra Movicentro

End of the didactic study trip