



Titolo Viaggio: **Viaggio Didattico Territoriale EXTRA EU in Thailandia**
Study Trip full name: Study Trip EX EU in Thailand

Viaggio ID: TAI2-2324
22/01/2024 - 02/02/2024

Tutor: A. Grisotto

Sunday, January 21st, 2024

16:30

Meeting at Bra Movicentro (the glass structure next to the train station) and departure towards Milano Malpensa Airport

18:30

Arrival at MXP and check-in

21:35 - 06:45

Emirates Air Flight EK092 Malpensa - Dubai

Monday, January 22nd, 2024

09:30

Emirates Air Flight EK372 Dubai - Bangkok

18:40

Arrival at Suvarnabhumi airport (Emirates Air, Flight EK372T)

20:00

Depart for Lasalle Suite & Spa by 3 minivans, Sandee service co., ltd. at 2nd floor, gate no3 look for UNISG sign and a guy with Sandee Service logo

20:30

Arrival at Lasalle Suite and Spa, check in.

21:00

Walk to Farm Mu restaurant, dinner

22:00

End of didactic activity

Tuesday, January 23rd, 2024

08:30

Check out and depart for Samut Songkhram province.

10:30

Arrival to Baan Bo-lan Nam Tan Ma Praw meet with The Mon Rak Mae Krong team. Greeting and short introduction about food productions and farm visit in the area. Visit traditional coconut sugar production.

11:30

Departure for Khao Mai Pla Man restaurant. Lunch

13:00

Departure for Sam Paw Tong Sea salt field, sea salt production.

15:00

Departure for Mangrove Forest natural school. Meet the community headman, short brief about the geography and food production. Join mangrove preservation project.

16:30

Departure for Pechaburi province.

17:30

Check in at The Royal Diamond hotel.

18:00

Departure for dinner at Muang Mai Moo Kra Ta restaurant.



19:30

End of didactic activity

Wednesday, January 24nd, 2024

08:00

Departure for Potaram natural farming, Ratchaburi province.

10:00

Arrival at Agri-natural learning center, Meet with Granma Samneang- the farmer and artisanal fermented rice vermicelli producer. Learn about Sustainable Agriculture, traditional rice vermicelli processing.

11:00

Visit traditional rice vermicelli home factory in the farm

12:00

Lunch, rice vermicelli with curries

14:00

Varieties of local Thai rice and rice cultivation.

15:00

Break

16:00

Prepare rice farmer style campfire dinner. If students would like to make a pot of pasta to share with producer would be fun. But it's up to students. Fresh ingredients they can collect from the farm. Producers will prepare home-made traditional rice fermentation low-alcohol drink for everyone.

18:00

Camp fire dinner

20:30

Departure for Royal Diamond hotel and convention.

End of didactic activity

Thursday, January 25rd, 2024

08:30

Departure for Uncle Tanom palmyra orchard,

09:00

Meeting with uncle Am-naj artisanal palmyra sugar producer, learning traditional palm sugar processing from cultivation, harvesting, processing, and making traditional palm cake.

10:30

Q&A, tasting steam palm cake, and free time

11:30

Departure for lunch at Krua Tan Ta Nod-community kitchen.

12:00

Lunch at Krua Tan Ta Nod

13:30

Departure for Hua Hin city

14:30

Check in at Sai Lom hotel.

Free afternoon

Free dinner.

End of didactic activities

Friday, January 26th, 2024

08:00

Departure for Bang Sapan subdistrict, Prachuab Khiri Khan province.



11:00

Arrival to Greeting, short introduction, organic cold pressed coconut oil processing.

12:00

Lunch in the coconut orchard

13:30

Cooking workshop-coconut milk, coconut flour, Thai traditional dessert

16:00

Departure for Prachuap Beach hotel

18:00

Check in

18:30

Departure for dinner at Plern Samut restaurant

20:00

End of didactic activity

Saturday, January 27th, 2024

10:00

Departure for Thai traditional medicine clinic Baan Chuenjit by tricycles

Food as medicine, Traditional Thai remedy for selfcare, Cannabis for traditional healing & safety use.

13:00

North-eastern Thai lunch Cha-am Kai Yang

14:30

Free time

Afternoon fresh market (train market).

Chong Kra Jok Mountain temple.

Street food market beside the beach (start from 16:30)

19:00

Meet at hotel lobby, depart for dinner at Sabeang Krang Le restaurant.

20:30

Departure for Prachuab Beach hotel.

End of didactic activity

Sunday, January 28th, 2024

07:00

Departure for Khan Kra Dai fisherman community (Fisherfolk network) by bus

07:30

Meeting with Fisherfolk headmen, overview about the network background and coastal fishing wisdoms.

Join Sea preserving project, build traditional fish aggregation devices. Set in the sea (if the weather is fine, if not the fishermen will set for us.)

12:00

Sea food lunch with community, join the fisherman housewives cooking.

14:30

Departure for Military Wing 5, sightseeing and free time at Ao Ma Now beach.

18:00

Departure for hotel, change

19:00

Walk to The View Restaurant, dinner

20:30

Return to Khan Kra Dai community, help fishermen take the fish for the net.

21:30



Departure for hotel. End of didactic activity

Monday, January 29th, 2024

07:00

Breakfast at hotel

08:00

Check out and depart for Ratchaburi province.

11:00

Arrival to Coconut sap distilled spirit local factory. Meet the producer, overview about traditional Thai distilled spirit production.

12:00

Northern style lunch in coconut orchard.

13:00

Workshop.

- Preparing steamed glutinous rice starter.
- Distillation process

14:00

Q&A.

14:30

Departure for Bangkok

17:30

Check in at New Siam Riverside

Free dinner. End of didactic activity.

Tuesday, January 30th 2024

09:00

Departure for Suan Dusit International Culinary Training center by 2 minivans.

09:30

Introduction, short lecture about Thai cuisine and cooking demonstration (Pad Thai, Massaman curry)

12:00

Lunch break

13:00

Cooking class. (Pad Thai, Massaman curry) Q&A

16:00

Depart for hotel by 2 minivans.

Free Dinner

End of didactic activity

Wednesday, January 31st 2024

Free day.

16:00

Meeting at the lobby. Depart for aperitivo at Baan Khanitha the Heritage at Icon Siam by 2 minivans

17:45

Farewell dinner at Khanitha the Heritage at Icon Siam

20:00

Departure for Hotel by 2 minivans. End of didactic activity

Thursday, February 1st 2024

05:30

Check out, departure for Suvarnabhumi airport by 3 minivans, Sandee service co., ltd.



06:30

Arrival at Suvarnabhumi airport, check in

09:30 - 13:15

Departure Emirates Air Flight EK375 Bangkok - Dubai

15:55 - 19:50

Emirates Air Flight EK91 Dubai - Malpensa

23:00

ETA in Bra