

# Viaggio Didattico Thailandia

Data / Dates: A.A / A.Y: Tutor:

17/11/2024 - 27/11/2024 2024/2025 Hallett Rowan

#### Sunday, November 17, 2024

1:30

Meeting at Bra Movicentro; airport transfer to Milano Malpensa airport (MXP)

04:00

Arrival in airport, baggage drop

FREE BREAKFAST

07:00

Turkish Airlines flight TK1878 to Istanbul

12:00

Arrival in Istanbul International airport (IST)

FREE LUNCH

15:35

Turkish Airlines flight TK58 to Bangkok

Dinner & overnight in flight

## Monday, November 18, 2024

4.40

Arrival at Suvarnabhumi International airport in Bangkok (BKK); baggage claim, minivan transfer to accommodation

07:00 - 10:00

Breakfast and check in, rest, and refresh at Lasalle Suite hotel

10:00 - 14:00

Visit and FREE LUNCH at Seri Market, an indoor street food market at a community mall

14:00 - 18:30

Return to accommodation; rest and relax in hydropool

18:30 - 20:00

Dinner at Farm Mu, an organic restaurant specializing in Bangkok cuisine

20:00

Return to accommodation; end of didactic activities

#### Tuesday, November 19, 2024

06:45

Check out and departure from accommodation in bus

10:00 - 12:00

Activities with Thai Buffalo Preservation Village, including learning about the breed and traditions of agricultural society, and a visit to traditional Thai houses and buffalo stables

12:30

Lunch with the community

13:30 - 16:00

Visit to rice fields and threshing grounds to learn about traditional rice cultivation and processing

methods

16:00 - 18:00

Check in at accommodations, free time before dinner

18:0C

Dinner with the community

19:30

Overnight at Thai Buffalo Preservation Village; end of didactic activities

# Wednesday, November 20, 2024

8:00

Check out and departure in bus

10:00 - 12:30

Visit to 32 Bug Farm, an innovative company that breeds and grows insects as an alternative protein source, including a meeting with the farm owner and picnic lunch with their products

12:30

Departure in bus

14:30 - 16:00

Visit to Maeklong Market, a local fresh market famously known for being located on an active railway line 16:00

Departure in bus

17:00

Check in at Royal Diamond hotel in Phetchaburi

18:00 - 20:00

Dinner at Chabu Tao Kae Noi

20:00

Return to accommodation in bus; end of didactic activities

#### Thursday, November 21, 2024

8:00

Departure in bus

09:00 - 14:00

Meeting and activities with Plean Yod Tarn cooperative, a community enterprise based on artisanal coconut derivative products such as sugar, sap, flowers, and palm hearts, followed by lunch

14:30

Departure in bus

15:00 - 17:30

Eco-raft ride with the Prak Nam Dang community agritourism enterprise

18:00

Dinner at Khao Mai Pla Man, a community-run restaurant using locally sourced products

19.30

Departure in bus

20:30

Overnight at Royal Diamond hotel; end of didactic activities

#### Friday, November 22, 2024

8.15

Check out and departure from accommodation in bus

09:00 - 11:00

Visit to Uncle Tanom Palm orchard and meeting with uncle Am-naj, an artisanal palmyra sugar producer 11:30

Departure in bus

12:30

Lunch at Grouper Noodle shop

13:30

Departure in bus

14:30

Check in at Sai Lom hotel in Hua Hin; end of didactic activities

FREE AFTERNOON and FREE DINNER

#### Saturday, November 23, 2024

8:30

Check out and departure in bus

9:30 - 11:30

Visit at Suan Petch Rung Rueng pineapple farm to learn about pineapple varieties and cultivation methods

11:30

Departure in bus

13:00

Lunch at Kin Sen restaurant

14:30

Check in at Prachuap Beach hotel in Prachuap Khiri Khan; time to refresh and relax

18:30 - 20:00

Seafood dinner at Plern Samut restaurant

20:00

Return to accommodation; end of didactic activities

#### Sunday, November 24, 2024

9:45

Depart from accommodation by tricycle

10:00

Activities with Tairn and Yada Pan at the Baan Chuenjit traditional Thai medicine clinic on the topics of food as medicine and Thai self-care remedies

13:00

Lunch based on Northeastern Thai cuisine at Cha-am Kai Yang

14:30 - 18:00

Sightseeing and tour at Ao Ma Now beach

18:30 - 19:30

Dinner at The View restaurant

19:30

Return to accommodation; end of didactic activities

# Monday, November 25, 2024

6:00

Check out and departure in bus

10:00 - 12:30

Visit to Tamu Tofu home factory

13:00

Lunch at Thipsamai Pad Thai

14:00

Departure in bus

15:00

Check in at New Siam Palace Ville in Bangkok; end of didactic activities

#### FREE AFTERNOON and FREE DINNER

## Tuesday, November 26, 2024

9:00

Depart from accommodation in bus

9:30 - 13:00

Activities at The Food School Bangkok, including a short lecture on Thai cuisine and a cooking demonstration on Massaman curry

13:00 - 18:00

FREE TIME in Bangkok

18:00 - 20:00

Farewell dinner at Tossakan Thai Curry House

20:00

Return to accommodation; end of didactic activities

# Wednesday, November 27, 2024

02:00

Check out and departure from accommodation in bus

3:30

Arrival at Suvarnabhumi International airport (BKK); baggage drop

FREE BREAKFAST

06:20

Turkish Airlines flight TK59 to Istanbul

Lunch in flight

13:25

Arrival at Istanbul International airport (IST)

16:10

Turkish Airlines flight TK1875 to Milan

17:15

Arrival at Milan Malpensa airport (MXP); luggage collection and transfer to Bra

19:30

ETA at Bra Movicentro; end of study trip