



Viaggio Didattico India

Data / Dates:

01/02/2026 - 12/02/2026

A.A / A.Y:

2025/2026

Tutor:

Venturino Miriam

Sunday, February 1, 2026

5:30

Departure from Bra Movicentro with the bus

8:00

Arrival at Milano Malpensa

10:25

Flight EY082 for Abu Dhabi Airport

21:30

Flight EY 328 for Jaipur Airport

Monday, February 2, 2026

2:30

Arrival at Jaipur

Transfer to Chandwaji

4:00 - approximately

Arrival at Agrawal Organic Farm

(<https://www.instagram.com/farmersmarketjpr/>)

Sleep and rest

10:00

Breakfast

11:00

Farm tour. Understand why cows are so important in Indian culture and how they are very important part of Restoration of soil in the region. How this is benefiting the quality of vegetables consumed. See the afforestation experiment that will be a source of inspiration for the future of the region.

14:00

Lunch: traditionally cooked simple meal in village style. Observe how food is getting cooked.

19:00

Dinner and Movie

End of didactic activity.

Tuesday, February 3, 2026

Morning Yoga (optional)

Breakfast at Agrawal Organic Farm

8:30

Departure for Vatsalya

(<https://www.vatsalya.org/>)

Solar cooking, solar baking, organic farming practices, carbon neutral campus visit.

15:00

Departure for Manpura

Divided in 2 groups, each group will cook with the local village families.

Dinner together. The experience is curated by The Kindness meal.

(<https://www.instagram.com/thekindnessmeal/>)

Sleep in Manpura

End of didactic activity.

Wednesday, February 4, 2026

7:00

Visit an Amla (Indian Gooseberry) farm and understand the importance of Amla in Indian cuisine. Plus a personal reflection on the theme food, identity & self.

8:00

Mini workshop on fermentation such as Gulkand making, pickles and kanji.

9:00

Breakfast

10:45

Checkout, departure for Ramgarh Shekhawati towards (the semi arid region).

(<https://en.wikipedia.org/wiki/Mahansar>)

12.30 PM

Lunch on the way at a Dhaba.

At its core, a dhaba is a no-frills roadside eatery, born to feed travellers: truck drivers, farmers, wanderers. Plastic chairs, steel plates, smoky tandoor, loud conversations, zero pretence. Maximum flavour.

15:00

On way experience of a local street food delicacy along with seeing the local town of Ramgarh Shekhawati

16:30

Check-in at the hotel and rest in the haveli

18:00 onwards

Cooking demo class using dried vegetables and other arid region cuisine

Dinner and overnight stay in Mahansar, Ramgarh Shekhawati.

(<https://www.kesarvilas.in/>)

End of didactic activity.

Thursday, February 5, 2026

7:30

Local Vegetable market visit plus travel time.

9:00

breakfast

10:30

Check out

Village gastronomic foodwalk.

Small sightseeing, stories around the culture of the region including food and trade route importance

Lunch in Bhojnaya style: a simple, affordable eating place that serves home-style, vegetarian meals, usually as a fixed thali, meant for everyday sustenance rather than leisure dining. It sits somewhere between a home kitchen and a restaurant.

15:00

Departure for Khatu.

Check-in the hotel.

(<https://share.google/ouBdlcjSdkDnHuFUq>)

Getting ready for the evening.

SANGEET: Sangeet is a traditional pre-wedding gathering centered on music and rhythm, where both families celebrate the union through song and dance. It marks the emotional coming-together before the formal wedding rituals.

Overnight stay in Khatu
End of didactic activity.

Friday, February 6, 2026

Breakfast

9:00

Check-out

11:00

Vinyasa: Mud structures, movement ashram. Understand how an alternate space have been creating an impact while located in a rural area. A village walk will be an add on affair followed by a healthy village homestyle lunch

(<https://www.vinyasa.earth/>)

16:00

Arrival in Jaipur. Stay at a BNB.

Free dinner

End of didactic activity.

Saturday, February 7, 2026

Exercise: Morning walk/Running (optional)

Breakfast

10:00

Visit at Institute Of Hotel Management & Culinary Studies

(<https://www.ihmcs.net/>)

Cooking/interaction session with chef Sameer Gupta followed by lunch.

(<https://www.instagram.com/chefsameergupta/>)

17:00

Interactive session with Siyahi, a publishing company specialising on food.

(<https://siyahi.in/>)

Talking to Mita Kapur (Siyahi) regarding a session around traditional and present foodbooks of India.

18:30

Evening city Foodwalk

End of didactic activity.

Sunday, February 8, 2026

Agra trip

5:50

Departure with sleeper train

Breakfast in train

Visit to Taj Mahal

Muslim food at a family who migrated from Central Asia 550 years ago

(<https://agraheritagewalks.com/product/dastarkhan-e-akbarabad/>)

Dinner in Train

23:00

Back to the hotel

End of didactic activity.

Monday, February 9, 2026

10:00

Departure from BNB

Brunch at Curious life coffee roasters.

One of the most reputed roastery of India. Conversation with the co-founder.

(<https://curiouslifecoffee.com>)

14:00

Two hours session on upcoming Indian alcohol brands and the herbs used in them.

17:00

Unique way to use eggs at Sanjay Omellete for an early dinner.

(<https://www.youtube.com/watch?v=xexI9Q59GTw>)

End of didactic activity.

Tuesday, February 10, 2026

Checkout after small majorly fruit breakfast

8:30

Meeting Anubhav Sapra, Founder of DelhiFoodwalks, the first foodwalk company of India and someone (probably the only one) who have travelled to most regions of India to understand the street food culture. His youtube channel have over 1 million subscribers.

(<https://www.youtube.com/delhifoodwalks>)

Interactive session talking about the streetfood culture of India with a brunch foodwalk.

This will be followed by a short presentation by Anubhav, sharing street food culture of India through clips shot by him @Arth Spaces.

Vinayak, co-founder of Arth Spaces before quitting it to move to UNISG, will then share his personal journey, highlighting how his food exploration and learning experiences led him toward food entrepreneurship, and how these learning journeys have shaped his work.

The session will be followed by lunch.

13:30

Departure for Diggi Fort.

(<https://www.instagram.com/diggifort/?hl=en>)

15:00

Check in at Diggi Fort.

Indian Barbeque workshop followed by dinner hosted by the Royal family of Diggi Region.

Understand the Royal food culture in an interactive session with a family member of Diggi Family.

End of didactic activity.

Wednesday, February 11, 2026

Yoga class (optional)

Breakfast at the hotel.

Small villagewalk.

10:45

Checkout and departure back to Jaipur

12:30

Lunch in a South Indian place.

This will be followed by trying some special teas of India.

16:00

Visit to Vinayak's family home for some traditional evening snacks

18:30

Arrival at Jaipur Airport

Dinner at airport

21:30

Flight EY 327 for Abu Dhabi Airport

Thursday, February 12, 2026

00:05

Arrival at Abu Dhabi Airport

2:35

Flight EY 081 for Milano Malpensa

6:30

Arrival at Milano MXP

7:30

Departure for Bra Movicentro

10:00

Arrival at Bra

End of didactic study trip