



## Viaggio Didattico Indonesia Indonesia Study Trip

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**Data / Dates:**

01/02/2026 - 12/02/2026

**A.A / A.Y:**

2025/2026

**Tutor:**

Vera Martin

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### Sunday, 01 February 2026

13:45

Meeting at Bra Movicentro. Transfer by bus to Torino Caselle airport (TRN)

18:10

Departure to Istanbul on Turkish Airlines flight TK1312

23:10

Arrival to Istanbul airport (IST)

Free dinner at the airport food court

### Monday, 02 February 2026

01:55

Departure to Denpasar, Bali on Turkish Airlines flight TK066

19:30

Arrival to Ngurah Rai International Airport (DPS) in Denpasar, Bali

20:30

Transport by private bus to dinner place

21:00

Dinner at Malaika Secret Home Restaurant

Open kitchen-dining experience focused on healthy, organic, plant-based menu in a tranquil traditional home-like setting in Sanur.

<https://www.malaikabali.com/en/>

23:00

Check-in to Sri Phala Hotel in Sanur

<https://sriphala.thephala.com>

### Tuesday, 03 February 2025

08:00

Walking from Hotel to the harbour (10 min)

9:15

Sailing from Sanur to Lembongan Island by Fast Boat

11:30

Meeting with the seaweed farmers community

We will learn about the process of hanging, growing, drying, and using seaweed, which the islanders specialize in this particular farming on the sea coast line.

12:30

Take away lunch together with seaweed farmers by the seacoast

14:00

Visit to seaweed lab of Good Karma-sea moss

Good karma started as a social purposeful initiative to give a positive impact and empowering seaweed farmers by creating and selling new derived seaweed products. We will have the chance to discuss the values and future of seaweed farming in Indonesia.

<https://goodkarma.id>

16:00

Return to Sanur hotel by fast boat

19:30

Rijsttafel dinner at Tadjung Sari Hotel

A multi-course menu featuring traditional Indonesian dishes, originally adapted by the Dutch during the colonial era. In this case, we'd have the Rijsttafel dinner at the historic Tandjung Sari hotel.

<https://www.tandjungsarihotel.com>

22:00

Return to Hotel by foot along the Sanur beach promenade (30 min walk)

### **Wednesday, 04 February 2026**

7:30

Departing by private bus to Kusamba beach

8:30

Visit to the Kusamba sea salt farming production

Kusamba sea salt has been included in the Slow Food Foundation's Ark of Taste. For centuries, this village has been one of the few to traditionally produce a pure, high-quality salt with sweet notes.

<https://www.fondazione Slow Food.com/en/ark-of-taste-slow-food/kusamba-sea-salt/>

9:30

Departing to Karangasem district

11:00

Visit to the Samsara Living Museum community

The leaders of the community will immerse us into the religious and ancestral practices of Balinese culture, as they relate to food.

<https://samsarabali.com>

12:30

Cooking workshop and traditional Megibung style lunch

A meal is prepared and set in a circle, with the rice and side dishes laid out on banana leaves. The word "gibung" means "to share with one another" and perfectly describes this dining custom.

17:30

Check in to Bali Basuki Retreat

We will be hosted in a retreat center of Hindu-Balinese religious tradition, a few meters away from the Mother Temple, the largest on the island of Bali.

19:30

Dinner at the Bali Basuki retreat

### **Thursday, 05 February 2026**

8:00

Departure to Kintamani district

9:40

Visit to Langit Bali Coffee Farm

Coffee from the Kintamani area is one of Indonesia's protected geographical indication products. We will visit one of the few biodynamic coffee plantations. We will see the entire process from plantation to roasting with the producer of this small company.

[https://www.instagram.com/made\\_kktour/](https://www.instagram.com/made_kktour/)

Lunch and coffee tasting

16:30

Check in at the homestays of the Desa Wisata Pinge community

A traditional farming community in one of the island's main rice-growing areas. The inhabitants of this small rural village offer accommodation in their family homes and basic community tourism services, offering an immersive experience of the region's rural way of life.

<https://desawisatapinge.com>

19:00

Dinner together with villagers

### **Friday, 06 February 2026**

8:00

Departure to Wongaya Gede village in Tabanan District

9:30

Meeting with Dewa Ayu Made, ethical forager and nomad cook of the Island.

Made will explain the forest's biodiversity through a wild herb-foraging on the garden. We'll have a cooking class using the herb harvest and see how Tuak (palm fermentation), palm sugar, and Jamu (traditional Indonesian healing beverages) are made.

<https://www.instagram.com/made.masak/>

12:30

Cooking together and having lunch with Made

15:30

Visit to Balinese chocolate laboratory and gardens Cho Jaensan

A family runed small farm and laboratory of chocolate made from native Balinese cocoa beans

<https://chojaensan.wixsite.com/my-site>

18:00

Check in at Arton Resort & Beach Club

<https://artonresortvillabali.com>

Free time & free dinner

### **Saturday, 07 February 2026**

8:00

Departure to Nyuh Aluh house in Jembrana district

8:30

Nyuh Aluh workshop on coconut oil making and derived coconut products

10:00

Visit to Hutan Belajar project in the West Bali National Park

Is a permaculture program which represents a model for community-based conservation and a solution to deforestation in Bali. It uses the forest ecosystem to revive endemic plants and serve as a living library of edible species for the community.

<https://idepfoundation.org/hutan-belajar-being-harmonious-through-education-and-conservation/>

12:00

Lunch and visit to the Mangrove protected area.

15:00

Trip to Ubud

18:30

Check in to Juli House Hotel in Ubud

<https://mahaputrahotelsandresorts.com/property/juli-house/>

20:00

Dinner at Casa Luna

[www.casalunabali.com](http://www.casalunabali.com)

### **Sunday, 08 February 2026**

Free full day to explore Ubud cultural hotspots and surroundings

Free lunch and free dinner

### **Monday, 09 February 2026**

9:00

Departure to Locavore Next full day experience

One of Asia's most innovative and sustainable restaurants, regularly featured in the 50 Best of Asia list and awarded Best Restaurant in Indonesia 2019. We'll visit the family farm that sources the restaurant's herbs and other indigenous ingredients. A backstage tour of the Locavore Next restaurant, including a mushroom and fermented food labs. The lunch will be served in the restaurant's canteen dining area. Samples of the dishes that have distinguished Chef Eelke Plasmeijer and Chef Ray Adriansyah will be included.

<https://locavorenxt.com>

16:00

Back to hotel and relax time

20:00

Dinner at Nusantara restaurant by Locavore

Located in central Ubud, where several Indonesian chefs dedicate the menu to a variety of lesser-known Indonesian dishes, combining traditional flavors with carefully crafted and innovative presentations.

<https://locavorenxt.com/family/nusantara>

### **Tuesday, 10 February 2026**

9:30

Departure to Badung District

10:00

Visit to Subak Uma Lambing, rice plantations

Subak is the traditional name for the community irrigation network for rice terraces and fields. We'll meet rice farmers who'll explain how they practice regenerative cultivation of this essential grain throughout Indonesia. This will be followed by a short workshop to get a deeper picture on the reality of rice cultivation and a group lunch at the Bamboo House of Astungkara, a community tourism network in Bali.

<https://www.astungkaraway.com/regenerative-rice>

15:30

Back to Ubud

17:30

Leaving for dinner at Moksa Plant Based Resturant & Gardens

<https://moksaubud.com>

### **Wednesday, 11 Febraury 2026**

8:15

Check out from Juli House Hotel in Ubud

10:00

Visit to Potato Head Club

A cultural village rooted in craft, community, and regeneration, Potato Head is the winner of the Eco Hotel Award at the World's 50 Best Hotels 2025. This is the first Asian hospitality brand to go carbon-neutral, a zero-waste ethos runs through everything in there, from the design to the cuisine and the experiences they offer.

They will host a bakctage tour of the waste management of the hotel and kitchens and we will have lunch at plant based Tanaman Restaurant.

<https://seminyak.potatohead.co/>

14:00

Free time on Seminyak town & beach

16:30

Departure to Ngurah Rai International Aiport

18:00

Check in & Free dinner at the airpot

21:10

Flight to Istambul with Turkish Airlines (TK067)

### **Thursday, 12 February 2026**

5:40

Arrival at Istanbul airport (IST)

Free breakfast

9:00

Depart to Torino Caselle airport on Turkish Airlines flight (TK1309)

10:05

Arrival at Torino Caselle airport

Get the baggage & transport to Bra Movicentro in a private bus

11:30

Arrival at Bra Movicentro

End of the Study trip