



Viaggio Didattico Tanzania Tanzania Study Trip

Data / Dates:

01/02/2026 - 11/02/2026

A.A / A.Y:

2025/2026

Tutor:

Bernardi Andrea

Sunday, February 1, 2026

05:15
Meeting at Bra Movicentro
05:30
Departure from Bra Movicentro to Milano Malpensa airport (MXP)
Note: those meeting the group in Milano Malpensa are kindly asked to be at the Turkish Airlines desks by
07:40
FREE BREAKFAST at the airport
10:40 - 15:40
Turkish Airlines flight TK 1874 from Milano Malpensa (MXP) to Istanbul (IST)
Lunch in flight
19:30 - 02:35+1
Turkish Airlines flight TK 564 from Istanbul (IST) to Kilimanjaro (JRO)
Dinner in flight

Monday, February 2, 2026

02:35
Arrival at Kilimanjaro airport (JRO)
After completing immigration and baggage collection, we will take a transfer to our hostel in Arusha for check-in and registration. The morning will be dedicated to rest.
10:00
Traditional Tanzanian breakfast at the hostel
13:00
Lunch and we will head out for a short tour of Arusha, visiting highlights such as the Curio Market, Arusha town center, and the Bureau de Change for currency exchange. Then we will return to the hostel in the evening to share a welcome dinner featuring a traditional Tanzanian meal, followed by an orientation briefing covering safety protocols and an overview of the upcoming schedule.

Overnight in Arusha - Alanacha Hotel

Tuesday, February 3, 2026

Breakfast at the hostel
08:30
Departure to Training, Research, Monitoring and Evaluation for Gender and AIDS (TRMEGA)
The Maji ya Chai Community Garden, hosted by TRMEGA in Arusha, is a powerful example of how agroecological practices can intersect with traditional knowledge, health, and social empowerment. Originally founded by TRMEGA with support from Slow Food, the garden was established as a safe and productive space for marginalized community members, including people living with HIV/AIDS, persons with disabilities, widows, and young mothers. The primary aim is to improve the nutritional status and

overall well-being of these groups using locally available, cost-efficient, and culturally relevant resources.

Overnight in Arusha - Alanacha Hotel

Wednesday, February 4, 2026

Breakfast at the hostel

08:00

Departure for Ngurudoto Village

09:30

The UMANGU Food Community in Ngurudoto Village is a powerful example of how grassroots women farmers are using agroecology to respond to climate change, economic hardship, and gender-based inequalities in agriculture. The women in this community, many of whom lack formal land ownership, manage small family plots ranging from one to four acres. They practice integrated farming systems that combine crop diversification, animal husbandry, agroforestry and beekeeping. These practices reduce dependence on chemical inputs and external technologies, making farming more affordable and sustainable.

Overnight in Arusha - Alanacha Hotel

Thursday, February 5, 2026

Breakfast at the hostel

08:30

Departure for Longido

On this day, we will explore sustainable rangeland management and the Maasai pastoralist way of life. The morning will focus on Mburiatata Rangeland, where we will learn how traditional grazing practices and community-led governance promote healthy ecosystems and climate resilience. In the afternoon, we will visit Endumet Wildlife Management Area to see how community-based natural resource management secures wildlife corridors while generating livelihood benefits through eco-tourism and regulated grazing.

Overnight in Arusha - Alanacha Hotel

Friday, February 6, 2026

Breakfast at the hostel

Check out with luggages

06:00

Departure and drive to reach the park. A typical safari day in Arusha National Park begins early in the morning with a game drive through the open grasslands of the Little Serengeti, where visitors can spot herds of buffalo, zebras, giraffes, warthogs, and occasionally elephants.

In the afternoon, the experience becomes even more intimate with the option of a guided walking safari, one of the few offered in Tanzanian parks. Accompanied by rangers, we will explore on foot while learning about the park's diverse flora, animal tracks, and conservation challenges.

Overnight in Moshi - Lux Hotel

Saturday, February 7, 2026

Breakfast at the hotel

08:30

Departure for Tanzania Coffee Research Institute (TaCRI)

At TaCRI we will explore several key learning areas that bridge research and development in Tanzania's coffee sector. These include crop improvement, development of high yielding, disease resistant Arabica and Robusta varieties with superior cup quality spearheaded by the Coffee Improvement Research

Programme. TaCRI aligns scientific rigor with market and farmer needs to revitalize Tanzania's coffee industry. This includes understanding how innovations in breeding, agronomy, and soil health are translated through effective technology dissemination, capacity building, and policy support, all with the aim of boosting coffee quality, productivity, profitability, and ultimately, farmer livelihoods within a sustainable framework.

Overnight in Moshi - Lux Hotel

Sunday, February 8, 2026

Breakfast at the hostel

08:00

Departure to Ndungu Irrigation Scheme in Same District, Kilimanjaro Region.

Established in 1990 with support from Japan, the scheme covers 680 hectares within the Mkomazi Valley, where gravity-fed canals from the Njage River support rice, maize, and bean production. The scheme's design and infrastructure, including mechanized equipment for land preparation and post-harvest processing, as well as how water user associations collect service fees to sustain operations and maintenance. By the end of the day, we will have a deeper understanding of the opportunities and trade-offs in irrigation farming, gaining insights into how agricultural development, environmental management, and community livelihoods intersect in practice. We will spend some time on the bus today. Be prepared!

Overnight in Moshi - Lux Hotel

Monday, February 9, 2026

Breakfast at the hostel

08:00

Check out with luggages

08:30

Departure to Rombo

In Rombo, on the slopes of Mount Kilimanjaro, we will immerse in the agroforestry systems of the Chagga people, where bananas form the backbone of a farming tradition that integrates crops, livestock, and trees. These banana-based agroforests are not only central to food security but also serve as critical buffers for the fragile Kilimanjaro ecosystem.

Bananas have a cultural dimension and multiple uses: food staples, livestock feed, brewing ingredients, and central elements in social and spiritual rituals.

Overnight in Rombo - Losanga Hill Rest House

Tuesday, February 10, 2026

Breakfast at the hostel

08:30

Departure to Mount Kilimanjaro

Visits to two smallholder coffee farms, where the coffee is cultivated under integrated agroforestry systems that combine coffee with bananas, fruit trees, shade species, and subsistence crops. In the afternoon, the program continues at a local coffee cooperative. Cooperative leaders will explain how farmers pool their harvests for processing, grading, and marketing to improve quality and access better markets, while also exploring certification schemes such as organic and fair trade.

Evening in Rombo

00:00

Departure from Rombo to the Kilimanjaro airport (JRO)

Wednesday, February 11, 2026

03:00

Arrival at Kilimanjaro Airport (JRO)

06:10 - 13:15

Turkish Airlines flight TK 563 from Kilimanjaro (JRO) to Istanbul (IST)

Breakfast and Lunch in flight

20:40 - 21:40

Turkish Airlines TK 1877 from Istanbul (IST) to Milano Malpensa (MXP)

Dinner in flight

00:15

ETA in Bra Movicentro

End of the didactic study trip