



Viaggio Didattico Thailandia Thailand Study Trip

Data / Dates:

01/02/2026 - 12/02/2026

A.A / A.Y:

2025/2026

Tutor:

Grisotto Andrea

Sunday, February 1, 2026

17:00

Departure by bus from Bra Movicentro

19:00

Arrival at Milan Malpensa Airport (Terminal 1), and baggage check-in

21:35

Flight EK92 for Dubai

Monday, February 2, 2026

06:45

Stopover in Dubai

09:30

Flight EK372 for Bangkok

18:40

Arrival at Bangkok Suvarnabhumi Airport

20:30

Departure for the Lasalle Suite hotel by 3 minivans

Arrival at the Lasalle Suite hotel, dinner boxes, check in and overnight stay

End of didactic activity

Tuesday, February 3, 2026

Introduction to Thai cuisine through fresh market tour and Thai cooking class

08:45

Meeting in the dining room on the 1st floor. Introduction of the study trip.

09:30

Departure by 2 minivans for The Food School.

Arrival at The Food School, and Sam Yan fresh market tour

Cooking class focused on Massaman curry and Pad Thai

14:00

Lunch at The Food School.

Free afternoon in the city center (Siam area) and free dinner.

19:00

Meeting at the Food School. Departure for the Lasalle Suite.

20:00

End of didactic activity.

Wednesday, February 4, 2026

Fermented shrimp paste production, from the sea to the jar.

06:00

Check out of the hotel and departure for the Klong Khon shrimp paste community enterprise.
Arrival in the community, greetings, and departure for the sea (2 boats for 15 people), chasing krill.
Return to the village and take a short break.

Shrimp paste session, how geography shapes food culture and food security with a folk wisdom expert

12:00

Lunch in the village

Walk into the village to visit the shrimp paste home producer, focused on the fermenting process

Conclusion session

16:00

Departure for the Khao Mai Pla Man community restaurant

17:00

Dinner at *Khao Mai Pla Man* community enterprise restaurant.

Departure for the *Royal Diamond hotel and convention*.

Arrival at the hotel and check in.

End of didactic activity.

Thursday, February 5, 2026

Rice and traditional Thai rice culture

08:30

Departure for Pho Taram natural farming learning center, *Ratchaburi* province.

Arrival, meeting with *Granma Samneang* - the farmer and artisanal *Khanom Chin* - fermented rice vermicelli producer.

Learn about Rice culture, sustainable agriculture, traditional rice vermicelli production, and rice cultivation.

Visit the traditional rice vermicelli home factory on the farm.

12:00

Lunch, rice vermicelli with curries.

Rice cultivation and processing workshops.

Coffee break.

Prepare rice farmer-style campfire dinner.

(If the students would like to make a pot of home cooking menu to share with the producer would be fun. But it's up to students.

Fresh ingredients can be collected from the farm or bought at the supermarket before arriving at the farm).

17:00

Campfire dinner.

Departure for the *Royal Diamond hotel and convention* and overnight

End of didactic activity.

Friday, February 6, 2026

Traditional organic coconut sugar production at Amphawa Chaipattanaurak Conservation Project center

09:00

Departure for the Amphawa Chaipattanaurak Conservation Project center.

Arrival, introduction about the Amphawa Chaipattanaurak Conservation Project center. Walk through the local fruit orchard, visit artisanal coconut sugar production, Khao Tom Mud, and Kha Nom Tom - Thai dessert cooking workshops.

Lunch and shopping for local products.

15:00

Free time at the Amphawa Floating Market.

18:30

Meet at the parking. Departure for the *Royal Diamond hotel and convention*.

19:30

Arrival at the hotel.

Walk to Puang Petch restaurant for dinner.

End of didactic activity.

Saturday, February 7, 2026

Palmyra palm sugar production

08:00

Check out of the hotel and departure for Uncle Tanom Palmyra Orchar.

Meeting with uncle Am-naj, artisanal palmyra sugar producer, learning traditional palm sugar processing from cultivation, harvesting, processing, and making traditional steamed palm cake.

Q&A session, tasting steamed palm cake.

11:30

Departure for lunch at Krua Tan Ta Nod restaurant.

12:00

Lunch at Krua Tan Ta Nod restaurant.

Departure for Hua Hin city and check in at the Sai Lom hotel.

Free time and free dinner.

End of didactic activities.

Sunday, February 8, 2026

Thai food & medicine, and traditional remedy

08:00

Check out of the hotel and departure for Prachuap Khiri Khan.

Arrival at *Prachuap Beach Hotel* and check in.

12:00

Meet at the lobby, depart by 3 tricycles for Cha-am Kai Yang restaurant.

Walk to the Thai traditional medicine clinic Baan Chuenjit.

19:00

Meeting at Plern Samut restaurant for a seafood dinner.

Walk back to the hotel.

End of didactic activity.

Monday, February 9, 2026

Thap Sakae GI coconut, a famous agricultural product of Prachuap Khiri Khan province.

09:00

Departure for Ban Hin Turn village, Prachuap Khiri Khan province.

Arrival at Ban Hin Turn village. Greetings with the village headman and community, short introduction, learning about GI coconut varieties, visiting the plantation, cultivation & harvesting session, making coconut milk and coconut oil workshops.

12:30

Lunch followed by coconut shell bracelet making workshop.

15:00

Departure for Hat Wanakorn National Park Campground and relax time.

17:30

Departure for Prachuap Khiri Khan town.

18:00

Arrival at the Kin Sen restaurant for dinner.
Departure for Prachuap Beach hotel.
End of didactic activity.

Tuesday, February 10, 2026

09:00

Check out of the hotel and departure for Bangkok.
Lunch at Tip Samai Pad Thai, a Michelin-recommended restaurant.
Check in at New Siam Palace Ville
Free time and free dinner.

Wednesday, February 11, 2026

Free day and free lunch.

18:00

Meeting at Rad Na Yod Phak 40 years noodle shop for farewell dinner.

20:00

Walk back to the hotel.
End of didactic activity.

Thursday, February 12, 2026

05:00

Meeting at the lobby for check out of the hotel.
Departure for Suvarnabhumi Airport by 3 minivans

06:30

Arrival at Suvarnabhumi airport, and baggage check-in

09:30

Flight departure (EK375) for Dubai

13:15

Arrival at Dubai, and stopover

15:40

Flight departure (EK91) for Milan

19:35

Arrival at Milan Malpensa Airport (Terminal 1)

21:00

Departure by private bus to Bra

23:00

Arrival at Bra