Università di Scienze Gastronomiche di Pollenzo
University of Gastronomic Sciences of Pollenzo

Viaggio Didattico Kenya

Data / Dates:	A.A / A.Y:	Tutor:
15/11/2026 - 26/11/2026	2026/2027	Bernardi Andrea

Sunday, November 15, 2026

03:00
Meeting at Bra Movicentro
03:15
Departure from Bra Movicentro to Turin Caselle (TRN) by bus
Those who are meeting the group in Turin Caselle are kindly asked to be at the KLM desks by 04:00
FREE BREAKFAST at the airport
06:25 – 08:15
KLM flight KL1638 from Turin Caselle (TRN) to Amsterdam Schiphol (AMS)
11:35 – 22:00
KLM flight KL565 from Amsterdam Schiphol (AMS) to Nairobi – Jomo Kenyatta International Airport (NBO)
LUNCH in flight
22:00
Arrival at Jomo Kenyatta Airport
22:00-23:45
Travel to Shuhan Hotel, Thika

Dinner and night at Shuhan Hotel

Monday, November 16, 2026

Breakfast at the hotel
09:00
Travel to Kandara
Visit small-scale farmers (tea, coffee, and other crops) in Kandara, Murang'a County
Community Lunch
Travel to Gatiiguru tea collection centre, Kandara, Murang'a County
Visit Gatiiguru Tea Collection Centre

Dinner and night at Shuhan Hotel, Thika

Tuesday, November 17, 2026

Breakfast at the hotel
08:00
Travel to Nduti Tea Factory Kandara, Muranga County
https://nduti.ktdateas.com
Visit Nduti Tea Factory
Travel to Kandara
Lunch in Kandara
Travel to Ruchu
Visit Ruchu Gacharage Coffee Pulping Station
Travel to Sip and Dip

Dinner at Sip and Dip
Travel to Thika

Night at Shuhan Hotel

Wednesday, November 18, 2026
Breakfast at the hotel
07:00
Check-out and luggage load
07:30
Travel to Mwea, Kirinyaga County
Visit Ness Slow Food Farm, Kaki Community Garden, Gitogo Kiiru Presidium
Community Lunch
Travel to Safi Organics
Visit Safi Organics (organic fertilizer producers)
https://safiorganics.co.ke/

Dinner and Night at Sir Gika, Mwea

Thursday, November 19, 2026
Breakfast at the hotel
08:30
Travel to Mwea, Kirinyaga County
Visit Paddy fields and interaction with farmers
Lunch in Mwea
Mwea Rice Growers Multipurpose Co-operative Society MRGM!
https://mrgm.co.ke/

Dinner and Night at Sir Gika, Mwea

Friday, November 20, 2026
Breakfast at the hotel
07:30
Check-out and luggage load
08:00
Travel to Thika Coffee Mills, Thika
Visit Thika Coffee Mills
https://www.thikacoffeemills.com/
Lunch at Cascade Restaurant Thika
Travel to Grow Biointensive Centre of Kenya (GBIACK) - Muguga Thika
https://g-biack.org/
Visit GBIACK
Travel to Thika

Dinner and Night at Shuhan Hotel, Thika

Saturday, November 21, 2026
Breakfast at the hotel (today we will have a late lunch; be prepared!)
07:45
Check-out and luggage load
08:00
Travel to Travel Satelitte, Mai Mahiu

Visit, learning, sharing, and interaction with the Red Maasai Sheep Presidium breeders
https://www.fondazioneslowfood.com/en/slow-food-presidia/red-maasai-sheep/
Late lunch in Mai Mahiu
Travel to Nakuru

Dinner and night at Emboita Hotel, Nakuru

Sunday, November 22, 2026
Breakfast at the hotel
07:00
Game Drive at Lake Nakuru National Park
Lunch in Nakuru
Visit to Nakuru City, Cooking lessons (Slow Food Kenya offices), and dinner in Nakuru

Night at Emboita Hotel, Nakuru

Monday, November 23, 2026
Breakfast at the hotel
08:00
Travel to Marioshoni - Ogiek Primary School, Nakuru
Excursion in the forest and interaction with Ogiek beekeepers – Slow Food Presidium
http://www.fondazioneslowfood.com/en/slow-food-presidia/ogiek-honey/
Lunch at Marioshoni Guest House
Travel to Karunga, Elburgon
Visit Karunga Women Group – wool project
18:00 Travel to Nakuru
Dinner at the Beam Restaurant Nakuru

Night at Emboita Hotel, Nakuru

Tuesday, November 24, 2026
Breakfast at the hotel
07:45
Check-out and luggage loading
08:30
Travel to Bahati Dairies
Visit Bahati Dairies - Thayu, Kenya
https://bahatidairies.com/
Travel to Nakuru
Lunch in Nakuru
Travel to Gakuru Slow Food Farm
Visit Gakuru Slow Food Farm
Travel to Seed Savers Training Centre.

Dinner and Night at Seed Savers Network https://seedsaverskenya.org/

Wednesday, November 25, 2026
Breakfast at the hotel
08:00
Visit Seed Savers Network and learning about the Seed Sector in Kenya
https://www.seedsaverskenya.org/
Lunch at Seed Savers Network
Travel to Lake Naivasha

Boat Ride and Interaction with Naivasha Fishermen
Travel Mai Mahiu
Early Dinner at Mai Mahiu
Transfer to the airport
23:40
Air France flight AF815 from Nairobi – Jomo Kenyatta International Airport (NBO) to Paris Charles De Gaulle (CDG)

Thursday, November 26, 2026
06:55
Arrival in Paris Charles De Gaulle (CDG)
FREE LUNCH at the airport
15:55 – 17:20
Air France flight AF1202 from Paris Charles De Gaulle (CDG) to Turin Caselle (TRN)
18:00 – 19:29
Train sfm4 26478 from Turin Caselle Airport to Bra
19:29
End of the didactic activities.