



Viaggio didattico Sistemi Montani - Valle Elvo Mountain Systems Study Trip - Valle Elvo

Data / Dates:

07/07/2025 - 10/07/2025

A.A / A.Y:

2024/2025

Tutor:

Talpo Elisa

Lunedì 7 Luglio 2025

07:30

Meeting point in front of Bra Movicentro

07:45

Departure from Bra Movicentro by private bus

10:30

Arrival at La Bursch Country House, a small hamlet in the Cervo Valley recovered from abandonment, where it is possible to both stay overnight and taste local products. We will take a tour of the property, and afterwards we will have the chance to meet the chef Erika Gotta, who will share with us her experience in offering fine dining in a mountain context.

Lunch at La Bursch Restaurant

<https://labursch.com/>

14:30

Departure to La Trappa in Sordevolo (BI), a former Trappist monastery turned into an eco-museum and place for accommodation and restoration.

<https://ecomuseo.it/ecomuseo/ecomuseo-della-tradizione-costruttiva/>

15.45

Arrival at La Trappa with a short walk (15 min. maximum) and check-in.

16:00

An afternoon dedicated to the recognition and collection of wild herbs with Fabio Porta, a local and experienced mountain forager

18:00

Dinner preparation all together using the collected herbs

20:30

Dinner & overnight

End of didactic activities

Martedì 8 Luglio 2025

6:00

Short and light breakfast

6:15

Trekking from the Trappa to Alpe Muanda at Tiziana Ramella's farm (approximately 2 hours)

We will see how they produce the Alto Elvo raw milk butter, a Slow Food Presidium

<https://slowfoodtravel.biellese.net/azienda-agricola-tiziana-ramella/>

<https://www.fondazione Slow Food.com/it/presidi-slow-food/burro-a-latte-crudo-dellalto-elvo/>

12:00

Lunch at the alpine pasture with the typical polenta "concia" (with butter and cheese)

14.30

Return on foot to La Trappa

If the weather permits, we could make a stop at the stream on the way back (TBC)

20:00

Dinner & overnight

End of didactic activities

Mercoledì 9 Luglio 2025

8:15

Breakfast

9:00

A short hike to the “Fontanelle” alpine pasture, where we will meet Elisa Mosca, a shepherdess and cheesemaker, listed among the “women who save the earth”, who will give us information on livestock management in Alpine pastures, the local cow breed of Pezzata Rossa di Oropa, with a practical test of cheese production.

<https://fontanelleweb.wixsite.com/alpeggiofontanelle>

11:30

Return on foot to the Trappa

12:30

Lunch at La Trappa

14:00

Check-out

Departure by bus to Aperò, a beekeeping that produces organic honey following seasonality

15:30

Arrival at Aperò and visit followed by honey tasting

<https://www.apicolturaapero.it/>

17:30

Departure by bus to Bocchetto Sessera

19:00

Arrival at “Bocchetto Sessera”. To reach the agriturismo Alpe Moncerchio we will have to walk for about 30 minutes on level ground (approximately 2 km)

19:30

Arrival and check-in at the agriturismo Alpe Moncerchio

https://www.oasizegna.com/it/ospitalita/alpe-moncerchio-agriturismo-biella_37.html

20:30

Dinner based on local products and dishes

Overnight

End of didactic activities

Giovedì 10 Luglio 2025

8:00

Breakfast

8:30

Check-out

Departure on foot to “Bocchetto Sessera” (approximately 30 minutes), where our bus driver will pick us up to take us to Rovero’s farm, a wine producer

10:00

Arrival at Rovero’s farm and visit led by the owner Lorenzo Rovero, who will explain the history of his winery and the concept of “heroic viticulture”

<https://www.lorenzorovero.it/>

12:45

Departure by bus to Locanda Gribaud - Osteria di Montagna

13:30

Arrival at Locanda Gribaud

Lunch based on seasonality and local products, followed by a short walk around their property

<https://gribaud.it/>

15:30

Departure by bus to Bra

19:00

Arrival in Bra Movicentro

End of didactic activities