



Viaggio Didattico Liguria Liguria Study Trip

Data / Dates:

29/03/2026 - 02/04/2026

A.A / A.Y:

2025/2026

Tutor:

Talpo Elisa

Sunday, March 29th, 2026

08:45

Meeting point in front of Bra Movicentro (the glass structure next to the train station)

09:00

Departure from Bra Movicentro by private bus

10:30

Arrival and visit at Origine Laboratory in Cengio, a craft enterprise that stands out for its production of organic liqueurs and distillates, with a strong link to the tradition and Val Bormida territory.

<https://www.origine-laboratorio.it>

12:30

Lunch at Osteria del Castello in Cengio, an historic restaurant that maintains an active research focus on the traditional cuisine of the Valleys.

<https://osteriadelcastello.wordpress.com/>

14:30

Departure by bus to Varazze

15:45

Arrival at I Giardini di Marzo ice cream shop, where we will discover the Italian history of ice cream, then we will enter the production room and taste the local specialities.

<https://igiardinidimarzo.eu/>

17:45

Departure by bus to Genova

18:45

Arrival at Hotel NoLogo and check-in

<https://www.hotelnologo.it/>

Free dinner

End of didactic activities

Monday, March 30th, 2026

7:45

Breakfast at the hotel

8:10

Bus transfer to Voltri

9:15

Arrival at Panetteria Marinetta, historic bakery. Meeting with Emanuela De Marchi and workshop on typical Ligurian focaccia.

<https://www.marinettadal1946.com/>

11:15

Departure to Campo Ligure

12:00

Arrival and lunch at Caccia Ca' Bugge restaurant. We will taste their famous Genoese minestrone, voted the best dish by Osterie d'Italia 2026.

<https://www.slowfood.it/osteria-italia-caccia-ca-bugge/>

14:00

Departure by bus to Genova

15:00

Arrival at Hotel No Logo

Free time

20:00

Dinner at Trattoria Rosmarino

<https://www.trattoriarosmarino.it/>

22:00

Walk back to the hotel

End of didactic activities

Tuesday, March 31th, 2026

8:00

Breakfast at the hotel

9:00

Bus transfer to Rapallo

10:00

Walking foodie tour tasting Rapallo's traditional products.

<https://www.parlacomemangi.com/>

13:15

Departure by bus to "Fescion Farmer"

13:30

Arrival and meeting with Fabio Costantini (as "fescion farmer" on social media), a young Ligurian farmer who has chosen to share his passion for agriculture through social media. His philosophy is sustainable agriculture, and for some time now he has been collaborating with some of the Bachelor courses at UNISG.

<https://www.instagram.com/fescion.farmer/>

16:30

Departure by bus to Il Filo di Paglia Agritourism

17:45

Arrival at Agriturismo Il Filo di Paglia, we will visit the farm and have dinner in a typical 'stallato' restaurant. Accommodation in rooms/apartments at the agriturismo

<https://www.agriturismoilfilodipaglia.it/>

End of didactic activities.

Wednesday, April 1st, 2026

8:00

Breakfast at the agriturismo

9:00

Visit to the stable, where we will see the milking process, then we will move to the laboratory and observe the cheese-making process. The cows of the farm are of the Cabannina breed, a Slow Food Presidium.

<https://www.fondazione Slow Food.com/it/presidi-slow-food/razza-bovina-cabannina/>

10:30

Check-out and bus transfer to Recco

12:00

Arrival and lunch at Da Lino Restaurant, where we will taste the Recco Focaccia

<https://www.dalino.it/>

14:00

Bus transfer to Celle Ligure

15:15

Visit at Calcagno Paolo, producer of Genovese basil PDO (DOP)

<https://www.calcagnopesto.it/>

17:30

Bus transfer to Savona

18:00

Arrival in Savona Miramare Hotel and check-in

<https://www.hotelmiramaresavona.it/>

20:00

Walking to the restaurant in the city centre

20:30

Dinner at Bino Restaurant

<https://ristorantebino.it/>

22:00

Walking back to the hotel

End of didactic activities

Thursday, April 2nd, 2026

7:45

Breakfast at the hotel

8:15

Check-out

Departure by bus to Valle Ponci

9:30

Arrival and visit at Valle Ponci agriturismo

An intergenerational team of UNISG alumni from Switzerland, Italy and Germany set up a project together, based on the principles of regenerative agriculture and a deep respect for the environment.

<https://valleponci.it/it>

Lunch at the agritourism

14:30

Bus transfer to Bra

17:00

Arrival at Bra Movicentro

End of didactic activities