



Viaggio Didattico Basilicata Basilicata Study Trip

Data / Dates:

04/05/2026 - 08/05/2026

A.A / A.Y:

2025/2026

Tutor:

Pozzi Federica

MONDAY, 2026 MAY 4TH

07:15

Meeting in front of Bra train station

07:31

Train from Bra to Torino Porta Susa

08:50

Train from Torino Porta Susa to Napoli Centrale

15:03

Arrival at Napoli Centrale

We'll meet the private bus that will be with us for the whole time

15:20

Departure to Pontecagnano Faiano

17:00

Arrival at Taverna Penta

Visit at the buffalo cows farm and then visit and tasting of the production

19:00

Departure to Brindisi Montagna

20:30

Arrival at Basilicata al Volo Hostel

Check in and dinner at the hostel

End of activities

TUESDAY, 2026 MAY 5TH

07:30

Breakfast

08:30

Meeting with Mariantonietta Vaccaro, one of the owner of the dairy farm Podolico Reale. Together with her brother she carries on a family activity, involving the rearing of the podolico cows and the cheese production, caciocavallo among other products.

We will walk through the farm to observe the biodiversity of the permanent pastures of the Lucania mountainous region and see the cows

<https://www.fondazione Slow Food.com/it/presidi-slow-food/prati-stabili-e-pascoli/>

11:00

Visit at the new aging cellar and guided taste of Caciocavallo Podolico, Slow Food Presidium

<https://www.fondazione Slow Food.com/it/presidi-slow-food/caciocavallo-podolico-della-basilicata/>

paired with the wines of Arteteke cooperative (Premio Speciale Slow Wine Coalition alla Solidarietà in Slow Wine 2024), presented by the producer

13:30

Visit at a natural cellar in the village and lunch based on the farm products

15:00

Visit at the dairy production and specifically at stretch curd technique to make caciocavallo

17:30

Walk or bus back to the hostel

19:30

Dinner at the hostel

End of activity

WEDNESDAY, 2026 MAY 6TH

07:00

Breakfast

07:30

Departure to Covile

10:00

Arrival at Mulino Arleo and visit at the milling

<https://mulinoarleo.sumupstore.com/>

12:00

Departure to the family restaurant to prepare pasta and lunch to follow

15:00

Departure to Luigi Lauria wine production

16:00

Meeting with Luigi Lauria and visiting his vineyards. He will tell us about the local varieties and the history of the wine production in Basilicata

Tasting and dinner to follow

21:00

Departure to Castelluccio Superiore

22:00

Arrival at Hotel Setteemezzo

Check in

End of the activities

THURSDAY, 2026 MAY 7TH

We'll spend the day together with Massimo Celano, Slow Food chef that gives his own interpretation of the local cuisine with a particular focus on local wild plants.

We will visit the ethnobotany centre, <https://conservatorioetnobotanica.it/> and Orto Basiliano. At lunch we'll prepare something together with Massimo while at dinner we'll eat at his Taverna Lucana, where we are also staying for the night <https://www.hotelsetteemezzo.it/la-taverna-lucana-ristorante-tipico-pollino/>

End of activity and nightstay

FRIDAY, 2026 MAY 8TH

06:00

Early breakfast

06:30

Departure to Napoli Centrale train station

10:40

Train from Napoli Centrale

17:04

Arrival at Torino Porta Susa

18:00

Train to Bra

19:00

Arrival at Bra train station