



Viaggio didattico Sistemi Montani - Val Chisone Mountain Systems Study Trip - Val Chisone

Data / Dates:

06/07/2026 - 09/07/2026

A.A / A.Y:

2025/2026

Tutor:

Vera Martin

Monday, July 6, 2026

8:15

Meeting at Bra Movicentro

8:30

Departure by private bus to Val Chisone

10:00

Visit at Bernard, producer of liquors with mountain herbs and flowers

<https://liquoribernard.it>

11:15

Visit and lunch at the Farm Lâ Chabrand, producer of the Pinerolese Ramie Doc wine and mountain cheese. Introduction to both products, lunch and visit at the terraced vineyards

<https://agriturismolachabrand.it>

16:00

Guided tour of Usseaux, on the the list "The most beautiful villages of Italy" ("Borghi più belli d'Italia), and specifically to the historical water mill and community oven.

<https://borghipiubelliditalia.it/en>

18:15

Arrival to Pian dell'Alpe, into the Natural Park Orsiera-Rocciavre

<https://www.parchialpicozie.it/en/p/orsiera-rocciavre/>

18:30

Arrival at "Rifugio Lago delle" Rane and "Agriturismo Fattoria Pian dell'Alpe".

Room assignments and check in to both accommodation sites.

<https://www.rifugiolagodellerane.it>

<https://www.piemonteis.org/?p=3188>

20:00

Dinner at Rifugio delle Rane and overnight

Tuesday, July 7, 2026

7:00

Breakfast at the accommodation

8:00

Visit at the mountain pasture producer of "Plaisentif" cheese: morning milking in the barns

11:00

Return to the Agriturismo and Farm Pian dell'Alpe, Cooking together & lunch based on the Occitan recipe of "Caglietta", typical dish of the Usseaux and Balboutet area. After lunch visit and talk with the Genepy herb cultivation producer, following with a tasting of different self-produced liquors.

<https://www.facebook.com/MasselLiquori>

15:30

Short easy walk on the surroundings for a recognition of edible and non-edible wild herbs and flowers of the Alps, guided by Federica Roatta, ex-UNISG student and environmental hiking guide.

19:30

Sunset dinner at the bar-ristorante Alpe Pintas.

<https://www.facebook.com/bergerialpepintas/>

22:00

Back to the accommodation and overnight

Wednesday, July 8, 2026

8:00

Breakfast at the accommodation

9:00

Departure by minivan to Pragelato

10:00

Check in at the "Agriturismo Rivet d'Or". Talk and visit to the dairy lab. Tasting of fresh cheese and local products.

<https://www.rivetdor.com>

12:30

Light lunch at La Caseta dei Gofri to pick up lunch and a brief explanation of this typical and beloved "street-food" of the Chisone valley.

<https://www.facebook.com/p/La-casetta-dei-gofri>

14:15

Easy walk (25 minutes) along the Chisone river road toward Traverses village in Pragelato.

15:00

Meeting with Luca Audibert, President of the Consortium of honey producers of Pragelato.

Talk about the "Miele di Pragelato" protected brand. We will go through the honey production process and tasting of mountain honey.

<http://www.mieledipragelato.it/#il-miele-di-pragelato>

16:30

Back to Rivets area and free time.

20:00

Dinner at Rivet d'Or and overnight

Thursday, July 9, 2026

7:30

Breakfast at Rivet d'Or

8:15

Check out and departing by private bus.

9:00

Visit the Alpeggio Chezal, managed by the Tribolo brothers, one of whom is the president of Arema (Associazione Regionale Margari // Regional association of mountain cheese producers); we will follow the cheese-making process and tasting right from the cellars.

https://www.facebook.com/aurelioemassimo/?locale=it_IT

11:30

Arrival to the lake of Laux. Free walking to the village or resting time by the lake.

12:30

Lunch at the restaurant and Hotel Lago de Laux based on local products

<http://www.lagodellaux.it>

15:00

Departure to Bra

17:30

Arrival to Bra Movicentro
End of study trip