



## Viaggio didattico Sistemi Montani - Val Varrone 1 Mountain Systems Study Trip - Val Varrone 1

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**Data / Dates:**

06/07/2026 - 09/07/2026

**A.A / A.Y:**

2025/2026

**Tutor:**

Pozzi Federica

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### MONDAY, 6TH JULY 2026

06:00

Departure from Bra Movicentro. Miriam Venturino will be at the meeting point. Our group will leave together with hers, on a different bus.

Free breakfast on the way (keep the receipts to get you money back!!)

09:30

Meeting with the tutor, Federica Pozzi, in Lecco

10:00

Visit at La Fornace Museum

Giacomo Camozzini, representative of the local Comunità Montana, will introduce the history of dairy production in Valsassina and surrounding smaller valleys.

At the end of the talk you can freely visit the museum.

13:00

Departure to Birreria Belli e Beati

13:30

Lunch at Birreria Belli e Beati

15:00

Departure to Perledo

16:00

Visit at Sandra Conca farm, an organic small scale family owned farm that grows vegetables and fruit for local markets

18:30

Check in at the B&B

19:30

Dinner at Enotrattoria Bellavista, walking distance from the B&B

End of activity

### TUESDAY, 7TH JULY 2026

08:00

Breakfast and check out from the B&B

08:30

Departure by bus to Apicoltura Milelissa. Melissa and Elena will explain the bees world and the nomadic beekeeping. We'll learn about the honey extraction and taste the production

11:00

Departure to Pagnona with a stop on the way to get our sandwiches for the hike

12:30

Hike to Rifugio Grieria, on Monte Legnone

(make sure to have your water bottle, a hat, sleeping sheet or sleeping bag, trekking shoes and a very light and functional backpack. You don't need anything else beside a change for the night (long sleeve sweater that can also be your pajama, toothbrush, some cash in case you want to purchase an extra drink when we arrive or after dinner. There are toilets but no shower facilities)

17:00

Meeting with the guys that manage the Rifugio that will tell us the story about their activity

Relax and dinner

End of activity

### **WEDNESDAY, 8TH JULY 2026**

07:30

Breakfast and departure to Giovanni's cheese production

Visit at the cheese making process and lunch at the end of the visit

13:00

Hike back to Pagnona

15:30

Departure by bus to Sueglio, with a stop on the way to buy groceries for dinner. We will stay, this time, in Sueglio but at the Church house, where we will prepare dinner together with the other group, lead by Miriam

17:30

Meeting with the group and dinner preparation together with the other group of students

20:00

Dinner at Oratorio Sueglio

Night stay at Oratorio (you will still need your sleeping sheet or sleeping bag)

### **THURSDAY, 9TH JULY 2026**

08:00

Breakfast

08:45

Departure to Dazio

10:00

Visit at La Pedruscia, a deers and fallow deers farm

Pizzoccheri demonstration

12:30

Lunch

14:30

Departure to Bra and stop in Lecco to drop the tutor off and meet with the other bus

18:30/19

Arrival to Bra