



Viaggio didattico Sistemi Montani - Valle Elvo Mountain Systems Study Trip - Valle Elvo

Data / Dates:

06/07/2026 - 09/07/2026

A.A / A.Y:

2025/2026

Tutor:

Talpo Elisa

Monday, July 6th 2026

08:15

Departure from Bra Movicentro by bus

10:30

Arrival at Ansema - Ristoro Bioculturale, which it is not just a restaurant, but the project of two former UNISG students, Marta and Pietro, who decided to open a place where people can enjoy good food, exchange ideas and forge links with the community and the local area.

<https://ansema.eu/>

12:00

Lunch at Ansema with a menu dedicated to the mountain system

14:00

Departure from Ansema by bus to Cascina La Grà

14:30

Arrival at Cascina La Grà and didactic visit. Stefano and Francesca, the two young owners, not only produce an excellent Vermouth, but also cultivate and harvest medicinal plants, which they transform into products such as herbal teas, syrups, jams, wild herb pestos, flavoured salts, spices, essential oils and cosmetics made from mountain herbs.

First of all, we will visit the medicinal plant fields, then we will have an exploration of the surrounding with a focus on wild plants and culturally meaningful species to local traditional livelihoods.

Afterwards, we'll be tasting their products.

<https://www.instagram.com/cascinalagra/>

<https://worldvermouthawards.com/winner-vermouth/silver-56940-world-vermouth-awards-2025>

17:00

Departure by bus to La Trappa di Sordevolo, a former Trappist monastery turned into an eco-museum and place for accommodation and restoration.

Their philosophy is to use as many local products as possible, so we'll have the chance to learn about – and even taste for dinner – some of the products from the Slow Food Travel Montagne Biellesi community network.

<https://ecomuseo.it/ecomuseo/ecomuseo-della-tradizione-costruttiva/>

<https://slowfoodtravel.biellese.net/trappa-di-sordevolo/>

18:30

Arrival at La Trappa di Sordevolo with a short walk (max. 15 minutes) and check-in

Dinner & overnight

End of didactic activities

Tuesday, July 7th 2026

6:00

Short and light breakfast

6:15

Trekking from the Trappa to Alpe Muanda at Tiziana Ramella's farm (approximately 1.5/2 hours).

We will see how they produce the Alto Elvo Valley raw milk butter, a Slow Food Presidium that only a few people still produce in the valley.

<https://slowfoodtravel.biellese.net/azienda-agricola-tiziana-ramella/>

<https://www.fondazione Slow Food.com/it/presidi-slow-food/burro-a-latte-crudo-dellalto-elvo/>

12:00

Lunch at the alpine pasture with the typical polenta "concia" (with butter and cheese)

14.30

Return on foot to La Trappa

If the weather permits, we could make a stop at the stream on the way back (TBC)

20:00

Dinner & overnight

End of didactic activities

Wednesday, July 8th 2026

8:30

Breakfast

9:15

We will dedicate the morning to the recognition and collection of wild herbs in the surrounding of La Trappa with Fabio Porta, a local and experienced mountain forager.

Cooking class using the collected herbs together with Nazarena, chef and expert in "wild cuisine".

Lunch together

14:15

Check-out

Departure by bus to Aperò, a beekeeping that produces organic honey following seasonality

15:30

Arrival at Aperò and visit followed by honey tasting

<https://www.apicolturaapero.it/>

17:30

Departure by bus to Bocchetto Sessera

19:00

Arrival at "Bocchetto Sessera". To reach the agriturismo Alpe Moncerchio we will have to walk for about 30 minutes on level ground (approximately 2 km)

19:30

Arrival and check-in at the agriturismo Alpe Moncerchio

https://www.oasizegna.com/it/ospitalita/alpe-moncerchio-agriturismo-biella_37.html

20:30

Dinner based on local products and dishes

Overnight

End of didactic activities

Thursday, July 9th 2026

8:30

Breakfast

9:30

The Alpe Moncerchio Agriturismo produces some excellent alpine cheeses, so we'll have the chance to see all the steps involved in making them, from milking the cows to the cheese-making process, right through to tasting the finished product

11:30

Check-out

Departure on foot to "Bocchetto Sessera" (approximately 30 minutes), where our bus driver will pick us

up to take us to Locanda Gribaud

12:30

Arrival at Locanda Gribaud - Osteria di Montagna

Lunch based on seasonality and local products

<https://gribaud.it/>

14:45

Departure by bus to Il Chioso

15:30

Arrival at Il Chioso and didactic visit. Here we will meet Federico Chierico, who will tell us about the origins of the farm and his passion for permaculture and agroecology, which he puts into practice every day through his farming activities

<https://www.ilchioso.it/>

17:30

Departure by bus to Bra Movicentro

19:45

Arrival in Bra Movicentro

End of didactic activities